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Issue No 84
Available from Wednesday,
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Flowers (inset) lie on the kerb in Catherine Street where 30-year-old Martin Barlow was knocked down and killed by a bus earlier this month as he attempted to question the driver over damage to his truck

EXCLUSIVE

BY SIMON ROBINSON

THE distraught neighbours of a Rochester man who died after being hit by a bus have given eyewitness accounts of the horrific incident.

Martin Barlow, 30, was killed when he was struck by an Arriva bus outside his home in Catherine Street shortly after 9pm on Friday, April 3.

Grieving neighbours said they are still trying to come to terms with his death and have called on Arriva to re-route buses away from their busy residential road before another life is lost.

Abigail Mack, Mr Barlow's next door neighbour, who witnessed the fatal collision, said the incident was sparked by buses damaging vehicles along the road.

The mother-of-one said: "A couple of weeks ago Martin knocked on my door and told me his parked truck had been hit by a bus and asked me to take a look.

"He said he'd called Arriva about it, but nothing had been done. It was then he mentioned the fact he wanted to stop a bus outside his house and talk to the bus driver about it.

"He was really fed up and we're all fed up with the buses.

"On the Friday evening I heard a bus come up the road and heard Martin outside as well.

"I saw him step out in front of the bus and then approach the driver's side.

"He then walked back to the front of the bus. The bus was still edging towards him, forcing

CONTINUED ON PAGE 3

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2 James McCrossan from Canterbury visits Kenya.
Search 'Kenya' on the community channel



3 European Rallycross action returns to Lydden Hill.
Search 'Lydden' on the sport channel

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Printed by Newsfax

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DANGEROUS: Inspectors have deemed the disused Theatre Royal building as unsafe

Outcry as theatre looks set to face the final curtain

BY SIMON ROBINSON

WRECKING crews have begun work on partially demolishing the historic Theatre Royal.

Contractors were brought in after inspectors deemed the listed Chatham building was dangerous and needed to be made safe.

Work started on Saturday morning – much to the dismay of long-time theatre supporters who had campaigned tirelessly to see the venue restored.

Yourmedway readers have slammed the decision to pull down the building, saying more should have been done to protect and restore the High Street theatre.

Memories

Writing on our website Phil Dillon, from Chatham, wrote: "The loss of the Theatre Royal makes a mockery of the notion of responsible regeneration. A regenerated theatre would have been the jewel in Chatham's crown."

"That's real lives and memories, and cultural history and spirit they are tearing down."

Garry Jenkins, from Chatham, added: "If you read about the Medway towns' history and culture, and especially Chatham, the Theatre Royal is there, always at the heart of it, and it is a disgrace that this once magnificent

building can be left to decay like it has.

Brian Damerell, from Gillingham, posted: "Is anyone really surprised the Theatre Royal is coming down?"

"Those of us with an interest in the renaissance of Chatham 'knew' that this would happen as soon as it became an obstruction."

"It could have been demolished a long time ago and parts of the fabric sold to the public."

"Thank goodness there are photographs of this unique building in the public domain."

"To declare the building unsafe now is awful. Is the bank next door unsafe yet? Will Sun Pier ever float again? Where will it all end?"

The partial demolition is expected to take five weeks to complete.

Manor Road will be closed for the duration of the work for health and safety reasons.

A Medway Council spokesman said: "In the interests of public safety, the council is closing Manor Road, Chatham, tomorrow. The road will remain closed to through traffic until demolition is completed."

"The work should have no impact on the schedule for the Chatham road improvements that include closure and demolition of the Sir John Hawkins flyover."

• **What do you think of the theatre being demolished? Let us know by emailing yourmedway@kosmedia.co.uk or posting a comment on the web story at www.yourmedway.co.uk.**

yourmedway

NEWS IN BRIEF

Trio jailed for stealing electrical goods at flat

THREE serial burglars have been jailed for stealing more than £1,000 of high-tech goods from a students' flat in Rochester.

Patrick Downey, 21, Ricky Worsfold, 20, and Luke May, 18, all pleaded guilty to burglary at Maidstone Crown Court on Wednesday April 8.

Downey and Worsfold, both of Chatham, were sentenced to 35 and 15 months respectively.

May, of Gillingham, was jailed for two years.

The trio struck at the student premises in Dought Way on January 16.

They forced open a rear window before stealing computer and photographic equipment worth more than £1,000.

All three men had previous convictions for theft and burglary.

New Lib Dem group leader to take over

COUNCILLOR Maureen Ruparel will take the helm as leader of Medway's Liberal Democrat group from next month.

The Gillingham North councillor will succeed Geoff Juby, who will devote his time to fighting for the open Rochester and Strood parliamentary seat at the next General Election.

Cllr Ruparel said: "Geoff has done a marvellous job and will be remaining as our finance spokesman, where he has been very effective."

Cllr Juby has stood in the Rochester and Strood area in the last two elections and has been Lib Dem group leader since 2001.

Thousands book their place in annual fun run

MORE than 2,000 charity runners have signed up to this year's Gillingham Race for Life – passing Cancer Research UK's target for the fund-raiser.

Race organisers are delighted with the uptake for the women-only run and hoped to attract the event capacity – a further 1,000 entrants.

The 5k event takes place at Capstone Farm Country Park on Sunday May 31.

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Web fight to boycott card cloning garage

BY SIMON ROBINSON

AN ONLINE campaign warning motorists of an international card-cloning scam centring on a Medway petrol station has more than doubled in membership in just a week.

The 'Boycott Blue Bell Hill Shell - Unless You Want Your Card Cloned!' group, set up on social networking site Facebook, now boasts nearly 600 members.

The card-cloners have targeted drivers making debit card payments at the Shell garage on the Chatham-bound carriageway of Blue Bell Hill.

Fraudsters

State-of-the-art technology has been used to store the cardholders' details - including their sort code, account number and Personal Identification Number (PIN) - allowing fraudsters to clone their cards within minutes.

The duplicate cards have been used at cash points as far away as India, Canada and Australia.

Writing on the group's message board, user Maggie Baxter wrote: "Someone tried to use a clone of my card in Australia - the bank refused the transaction and stopped my card."

"This was three days after I'd last used the same Shell garage on Blue Bell Hill."

"Thankfully no money stolen but it was a real pain having to wait for a new card."

"Three other people at work have had the same issue since using this petrol station and I will never use it again."

Coralie Weeden was among more than 70



STEER CLEAR: Card cloning scam has led to Facebook campaign to warn motorists against using Blue Bell Hill Shell garage

members whose cards have been targeted and added: "Same as everybody else, same garage, same situation. In excess of £4,000 taken."

User Garrie Owens said Shell and the police should be doing more.

He said: "What I find amazing is the garages are still open and trading. I do not accept the reassurance of Shell or the local police."

"The level of anger on the Facebook site is such that I would not be surprised if direct action to warn others would be taken against the garages unless the police and Shell are seen to take this somewhat more seriously than they are."

Detective Sergeant Dave Liffen said efforts were being made to put the fraudsters behind

bars, saying: "An investigation has begun into the compromise of payment cards with the full co-operation of the management at the service station concerned, and the relevant financial institutions."

A Shell spokesman added: "The security of customer transactions is Shell's primary concern. For us every instance of card fraud is one too many."

"Shell has been supportive of the police and the card service provider in their ongoing investigations into this serious form of organised crime and identity theft."

"Any reports of fraudulent activity are immediately followed up by Shell's own investigators, as well as the police and the card service provider."

Police duo guilty of assault charge

TWO Medway police officers were sentenced after being found guilty of assaulting an innocent man arrested on suspicion of robbery.

Police Sergeant Oliver Tingley and PC Luke Barlow were arrested last August after the suspect - who was released without charge - lodged a complaint against the pair, accusing them of mistreating him during his arrest.

The officers were immediately suspended from duty and subsequently charged with common assault by beating.

Both men pleaded their innocence to the charges but were found guilty at Sittinbourne Magistrates Court.

Tingley was sentenced to 90 days imprisonment while Barlow was ordered to carry out 300 hours community service and pay £300 costs.

The guilty officers now face a disciplinary hearing conducted by Kent Police's Professional Standards Department.

Power staff win British jobs fight

SKILLED tradesmen embroiled in a "British jobs for British workers" row at Grain power plant have won a small victory in their battle for employment.

Following pressure from trade unions Unite and the GMB, two Polish subcontractors helping to build a new gas-fired power station on the Isle of Grain have finally agreed to take on unemployed locals.

Remak and ZRE Katowice will employ between eight and ten British workers from May 5, with the unions hoping extra positions will soon become available.

Neil Willoughby, regional officer for Unite, said: "It's a small start but hopefully the acorn will grow into an oak tree because we will be lobbying for a much larger number."

'Neighbours saw man go under bus'

CONTINUED FROM FRONT

him to walk backwards. It was then he just disappeared. A number of neighbours saw him go under the bus."

Another neighbour, who did not wish to be named, added: "I heard a commotion outside our house and went out to see what was going on."

"I saw Martin in front of the bus. He had previously mentioned to me he wanted to take the driver's keys and talk about the damage to his 4x4. He then got knocked over by the bus."

A man in his 40s was arrested in connection with the incident and released on bail while police interview witnesses.

A police spokesman said the fatality was being investigated by the Serious Collision Investigation Unit.

Arriva representatives and Medway police met residents and local ward councillors at a Police and Communities Together meeting.

An Arriva spokesman said: "Following the tragic incident on April 3, an Arriva representative attended a meeting with the police, councillors and local residents, but it's too early to say what the outcome might be in respect of suggested changes to bus routes."

Labour big names on hand to fly red flag at South East conference

RED rosettes were out in force in Medway at the weekend - with Labour's annual South East conference helping to draw four party heavyweights to the towns in the same day.

Former deputy party leader John Prescott, his replacement Harriet Harman and cabinet members Ed Miliband and Caroline Flint all visited Medway on Saturday.

Energy and Climate Change Minister Ed Miliband was the first to arrive, meeting science students studying at the University of Greenwich at Medway Chatham Maritime campus.

Mr Miliband - who will have a large say in whether the controversial plans for a new coal-fired power plant at Kingsnorth will be given the go ahead - was shown how scientists at the university are developing green technology in a bid to lower the country's carbon footprint.

The green theme was continued by Labour's Minister for Europe Caroline Flint, who joined forces with

Gillingham and Rainham Labour MP Paul Clark and residents in the north of Gillingham - backing their campaign to turn Queen Elizabeth Field into a green and safe community space.

Mrs Flint was joined by Glenis Willmott MEP, Leader of the European Parliamentary Labour Party, who said she was impressed with the plans to transform the former chalk pit and tip into an attractive community space.

The project will cost £3 million, money Mrs Willmott said was worth spending.

Deputy leader Harriet Harman and her predecessor John Prescott were the last leading Labour figures to visit Medway, taking in the party's South East conference held at Gillingham FC's Priestfield Stadium.

Postal workers gathered outside in protest at Government plans to part-privatise the Royal Mail.

Trade union leaders said their views had been well received by Labour members.

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NEWS IN BRIEF

Search for gang of six after alleged assault outside pub

POLICE are appealing for witnesses to come forward after three men were assaulted near a Hempstead pub.

The incident took place outside The Flying Saucer in Hempstead Road at midnight on Sunday March 22.

The three men were assaulted following a dispute with six men.

Police are keen to trace the ringleader, who is white, 22-years-old, 6ft tall, of medium build, with black gelled hair and wearing a yellow top with black trousers.

Witnesses should police on 01634 792434 or CrimeStoppers on 0800 555 111.

Drivers wrong to take a 'no right' turn at junction

MOTORISTS are flouting the law at two busy Rochester junctions, according to police.

Drivers are ignoring 'no right turn' signs at the Victoria Street and High Street junctions by taking an illegal short cut up Star Hill.

Police have warned road users they face a £30 fine if caught breaking the law.

A force spokesman said: "The manoeuvre causes problems for both fellow motorists and pedestrians using the crossings on Star Hill. Anyone caught faces a £30 fine."

New road 'stencils' to help school children stay safe

FORTY new road stencil designs on the road will help school children stay safe while walking in streets near their schools.

Medway Council launched two designs, stencilled using a powerful jet of water; the first is a walking bus that mark the 31 existing walking routes and a school crossing patrol area.

Medway Council's safer journeys officer James Sutton said: "We would like to hear how many stencils school children have found and also what they think of the idea."

Time capsule burial part of Bluewater's 10th birthday

BLUEWATER continued its tenth birthday celebrations yesterday by planting ten trees, a time capsule and naming its lakes.

A ceremony was held to bury a time capsule from Riverview Primary School, Gravesend, near to where the first block of the centre was laid.

Medieval wall challenges ideas of how city looked

■ BY SIMON ROBINSON

A SECOND historic wall has been unearthed on a building site near Restoration House in Rochester.

The wall was discovered by archaeologists underneath the Century Buildings development site, off Victoria Street.

It is thought the structure – which pre-dates the Tudor wall partially destroyed by developers on a site bordering Restoration House – could date back more than 500 years.

Leading archaeologist Dr Peter Rumley, who advises the National Trust, said the wall challenges ideas of how Rochester looked in medieval times.

He said: "This is a very exciting find. Medway Council and Kent County Council should carry out a thorough investigation, so the historic importance of the new discoveries can be properly assessed."

"This is not just a boundary wall. It's massive and looks as if it could be a defensive structure beyond the old city wall."

"I believe it could relate to a high-status house in Crow Lane which existed before Restoration House was built. It may have occupied the same site and that of houses next to it."

"A thorough archaeological investigation is essential to prevent further damage to such an important historic city as Rochester."

Dr Rumley said he thought the two walls – while constructed hundreds of years apart – could have served a similar purpose.

He said: "The Tudor wall may have formed a



REVEALED: The Tudor wall partially destroyed by developers, which may have been part of defences beyond the old city wall

backdrop to prestigious gardens that swept down towards the River Medway, offering a grand vista to people arriving by water.

"The latest discovery, while being a defence structure, could also have provided a raised walkway linking that part of the gardens with those that have already been restored by the owners of Restoration House."

The Tudor wall was partially destroyed while carrying out building work on a former brewery site near Crow Lane.

Speaking to Yourmedway in March, Restoration House's owners Jonathan Wilmoth and Robert Tucker hit out at developers Future

Homes saying the firm should have taken steps to protect the wall.

They said: "It's more than 100ft, eight feet high and about three-feet thick. I know it was covered in ivy and the remains of an old building but archaeology is all about finding what is hidden."

"The wall is not exactly inconspicuous."

"You would have also thought it essential that English Heritage be brought in."

The pair said a petition calling for restoration of the wall and the destruction of the new residential buildings that obscure its view had been backed by 9,000 people.



CONGRATULATIONS: Lord Coe

Region awarded for Olympic inspiration

THE first national commendation for innovative projects inspired by the London 2012 Olympic Games has been awarded to Medway, writes **Laurence Mozafari**.

The region is the first to receive the prestigious Inspire badge. Our Medway is one of the council's most ambitious projects and will involve 25,000 pupils from 87 primary schools.

Seb Coe, chair of the London organising committee of the Olympic and Paralympic Games said: "We want to use the games' power to inspire change and recognise our partners around the UK. I congratulate everyone involved in Our Medway for securing the Inspire mark and wish you every success with your work."

The four-year-programme will include different themes and focuses. It hopes to promote a healthy

lifestyle and community spirit, and will incorporate both classroom work and study visits.

Visits so far have ranged from sports lessons in horse riding and trampolining, to tours of both the Medway regeneration and Olympic Park sites.

Medway Council's community services chief Howard Doe said: "I am thrilled and delighted by this award, as it recognises the great efforts we are making to make use of 2012."

"The games should really involve our young people and inspire some to become the champions of tomorrow."

Our Medway also won the Sustainable Communities Award earlier this year.

• For more information on Our Medway visit www.medway.gov.uk/london2012.

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SCREENING: As many as 13,000 samples a month are tested for MRSA at Medway NHS Foundation Trust

NHS Trust cleans up on superbugs in latest report

MEDWAY Maritime Hospital has been given a clean bill of health after a hygiene check-up by the industry watchdog.

The Care Quality Commission's report found Medway NHS Foundation Trust, which runs the hospital, to be "meeting its duty" across four categories, including establishing effective management systems for infection prevention and control, and providing a clean and safe environment.

Infection prevention director Rella Workman said she was delighted with the CQC's findings, published last Wednesday: "These achievements have been possible through our zero-tolerance approach to all avoidable healthcare-associated infections. We have achieved our MRSA screening requirements well ahead of the government's stipulated targets and timescales.

"Our pathology department has revolutionised the way it works to cater for this. It now tests a staggering 13,000 samples per month, compared to around 1,000 two years ago. They are able to tell us within 24 hours how a patient has tested.

"The hospital has an isolation ward which means that once those patients carrying the MRSA bacteria are identified, they can be appropriately managed to prevent the spread of infections."

The trust has also put a range of procedures in place to raise awareness of and minimise the risks of healthcare-acquired infections to patients from

■ BY SIMON ROBINSON

Medway and Swale visiting the hospital.

Hand hygiene stations have been placed inside every ward, a strict 'bare below the elbow' policy for all staff who work in clinical areas, annual infection prevention and control training is mandatory for every member of trust staff, and a 'board to ward' commitment which sees that top level decisions deliver actual benefits for patients have all been introduced.

A trust spokesman added: "We will continue to build on this, with our dedicated infection prevention and control team, and ensure our patients remain confident we are working hard to deliver high standards of hygiene to provide a safe and clean environment."

A report published by the CQC two weeks ago painted a very different picture of the trust's hygiene standards.

The trust's self-assessment declaration saw it included on a 21-strong list of healthcare providers nationwide that were found not to be meeting government regulations for managing the spread of infection.

Head of infection control Linda Dempster said: "I think it is important people know it was our own declaration. At the time we had some work going on to change the way our housekeeping team is trained."

The CQC was formed from the amalgamation of the Healthcare Commission, the Commission for Social Care Inspection and the Mental Health Act Commission.

yourmedway NEWS IN BRIEF

Learn how to quit online

A FIRST-of-a-kind NHS stop smoking website will give users the chance to speak online to experts and other addicts about quitting.

The site www.smokefreemedway.org.uk will stage its launch event at Priestfield Stadium in Gillingham on Friday, May 8, at 2pm.

Scott Elliott, Medway Stop Smoking Service operations manager, said: "The website will be another source of support for the 2,500 smokers in Medway, who set a quit day with the team each year. It will include innovative ways of supporting smokers to quit."

Additionally the Medway Stop Smoking Service will be staging a competition to design and produce content for the section of the website devoted to young people.

The competition details will be announced at the launch event.

Anyone seeking help and advice to give up smoking, should contact the Stop Smoking Service on 0800 2346805.

Keep all windows locked

POLICE have urged homeowners to keep doors and windows locked while out in the warmer weather.

Residents are warned that car keys and handbags, and other valuables, should not be left on display in front of windows.

Doors and windows should always be locked but keys accessible in case of an emergency, a timer used when going away for a long time and a burglar alarm fitted.

Contact your neighbourhood officer for details, who can be found at www.kent.police.uk or by calling 01622 690690.

Digging in for landscaping

A THEME park is planning to upgrade its funfair, tracked areas, four buildings and some landscaping.

Diggerland at Medway Valley Leisure Park in Chatham has sent its proposals for approval from Medway Council.

A development control meeting will consider the plans later today, taking into account the views of other agencies.

Kent Police have advised sufficient lighting in car parks to deter and detect crime.

Diggerland is a theme park on a 21.5-acre site that allows visitors to drive dumper trucks and diggers.

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Old methods for a modern education

APPRENTICESHIPS had been viewed as old-fashioned and out-of-touch with modern society.

They decreased in popularity with the rise of young people going to colleges and universities. But they now seem to be back in vogue as many employers turn to apprenticeships as a way of saving money, while giving young people the opportunity to gain working experience.

In the latest of the Money Matters series of video clips, Yourkenttv reporter Julie Maddocks investigates the growing trend.

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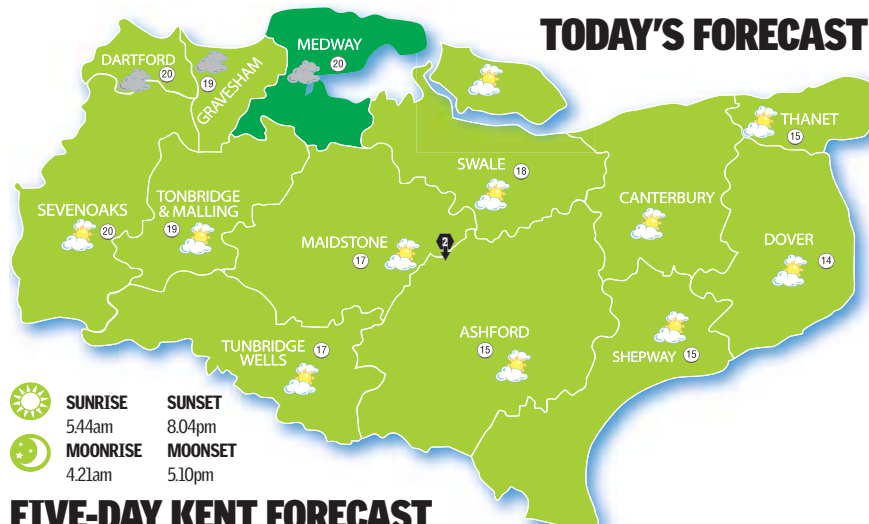
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	Thur	Fri	Sat	Sun	Mon		Thur	Fri	Sat	Sun	Mon
Ashford	18°C	18°C	17°C	17°C	16°C	Gravesend	18°C	18°C	18°C	17°C	16°C
Canterbury	14°C	15°C	17°C	17°C	15°C	Maidstone	18°C	18°C	17°C	17°C	15°C
Chatham	15°C	15°C	15°C	14°C	13°C	Ramsgate	14°C	15°C	17°C	17°C	15°C
Dartford	18°C	18°C	18°C	17°C	16°C	Rochester	15°C	15°C	15°C	14°C	13°C
Dover	14°C	14°C	15°C	15°C	14°C	Sevenoaks	17°C	17°C	16°C	15°C	14°C
Faversham	15°C	15°C	15°C	14°C	13°C	Sittingbourne	15°C	15°C	15°C	14°C	13°C
Folkestone	14°C	14°C	15°C	15°C	14°C	Tonbridge	18°C	18°C	18°C	17°C	16°C
Gillingham	15°C	15°C	15°C	14°C	13°C	Tun Wells	18°C	18°C	18°C	17°C	16°C

WEEKEND HIGH TIDES

Chatham	Saturday	1:48pm	6.0m
	Sunday	2:26pm	6.1m
Dover	Saturday	11:47am	6.5m
	Sunday	12:27pm	6.6m
Dungeness	Saturday	12:03pm	7.7m
	Sunday	12:39pm	7.8m
Ramsgate	Saturday	12:17pm	5.0m
	Sunday	12:57pm	5.0m
Sheerness	Saturday	1:38pm	5.8m
	Sunday	2:16pm	5.8m
Whitstable	Saturday	1:41pm	5.1m
	Sunday	2:18pm	5.1m

AROUND THE WORLD YESTERDAY

Amsterdam	18°C	Madrid	17°C
Athens	20°C	New York	14°C
Barcelona	17°C	Paris	19°C
Beijing	20°C	Rome	17°C
Bombay	32°C	Sydney	19°C
Cape Town	19°C	Tenerife	21°C
Cardiff	14°C	Tokyo	20°C
Gibraltar	21°C	Vancouver	13°C
Hong Kong	28°C	Warsaw	13°C
Las Palmas	22°C	Wellington	13°C



WINNERS: Kent's men's crew celebrate Medway Boat Race success in 2008 after a closely contested race.

Rowers training hard to make an oarsome effort

STUDENT rowers will take to the river next month to battle it out for the third annual Universities at Medway Boat Race.

Teams from the three Chatham Maritime universities – Kent, Canterbury Christ Church and Greenwich – will take part in the 2.6km sprint in the bid to win bragging rights over their rival undergraduates.

Kent's men's crew are the current river kings, while the University of Greenwich are the reigning women's champs.

The annual race has once again been organised by Universities at Medway Students' Association, which represents all students at the shared Medway campus.

The races take place between Cuxton and the Esplanade, Rochester, on Saturday, May 23, with the first race setting off at 1pm.

Spectators are invited to cheer the students on from The Esplanade, near Hathaway Court. The rowers have all been trained by coaches at Medway Towns Rowing Club.

The event is being sponsored by Rochester Bridge Trust and the trophies and medals have once again been created by renowned Medway artist Paula Groves.



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yourlocalinterview

QUESTION & ANSWER

CLAIRE LAWSON



Q How did you get into radio?

A I did a little bit of news reading on my university radio station, so when I heard an advert on a local station in Newcastle for traffic and travel presenters, I sent in my tape. After several live on air auditions I got the job. That's where it all started.

Q When is your show on and how long have you been doing it?

A I'm the voice of weekend breakfast on Invicta FM. I started in January after taking time off to have my baby, Gracie. She is nine months old now and it is so good to be back on the radio. You can hear me on Saturday and Sunday between 8am and noon.

Q What advice would you offer to anyone who wants to get into DJ-ing?

A If you want to do something, you have to push yourself. Don't wait for an opportunity to fall at your feet. Chase your dream and don't stop until you are there. Prepare yourself for many a knock-back along the way. In the end, if you are that determined, you will get where you want to be.

Q What is the best thing about presenting a radio show?

A I love the fact that it's so intimate. I'm sat in a cosy little studio, playing tons of great songs. I get to chat about all the things I love,

Whether it be gossip on a celebrity or a great film. It's great to talk to our listeners as well on the phones.

Q What is the worst?

A Having to get up early on a weekend. But it's worth it.

Q How much planning goes into an average show?

A I'm always planning. In taxis, restaurants, or out and about at the shops. If you suddenly see me stop and grab a piece of paper and pen, you know why. I'm constantly jotting things down I think would be great to talk about on the radio.

Q Do you look to emulate another DJ's style - perhaps one you enjoyed listening to when you were younger?

A Not at all. I just want to be me. I enjoy listening to other presenters, but if I wanted to sound like them I wouldn't be happy with myself. My main aim is to be the person you chat to down at the pub ... but on the radio.

Q What are your hobbies and interests?

A I am desperate to get back on the golf course. I had lessons before I had Gracie and haven't got round to playing since. I love skiing, too. I learned to ski with the Army in Scotland, which was fantastic. They say if you

can ski well in Scotland, you can ski anywhere. I just wish we had mountains in Kent. Eating out is probably my favourite thing in the world. Most weekends you will either find me in Zizzi in Maidstone, or the White Horse or the Oak on the Green in Bearsted.

Q Where in Kent do you live and how long have you lived there?

A I have lived at Bearsted Green for more than two years now and I love it. It is a great community with fantastic pubs right on your doorstep. I never, ever want to move.

Q How much influence do you have on the music played on your show?

A A lot actually. A lot of research is carried out to find out what people want to listen to. I think our playlist is great. So much variety, with little sprinklings of old and new. People often ask if I listen to Invicta when I'm not on air. Of course I do.

Q What are your musical tastes? Who are your favourite acts?

A I have incredibly varied taste in music. I really do love everything. One minute I could be bopping away to something from Dirty Dancing, then the next I could be singing along to Coldplay.

My favourite song of all time is Starship's Nothing's Gonna Stop Us Now, from the film Mannequin.

Q & A

Invicta FM breakfast DJ Claire Lawson spoke to Tom Betts about her eclectic taste in music, how her passion for her job makes the early mornings worth it and why she wishes Kent had a few more mountains.

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Where east Kent meets the Orient

THINK local produce and you will instantly conjure up images of a mouth-watering roast dinner, or sumptuous seafood.

Whatever it means to you, the chances are it will be embodied within a very British dish. Yet a hugely popular restaurant in Thanet is turning the tables on our preconceptions, by delivering a taste of the East with very Kentish ingredients.

The Surin Thai restaurant, tucked away near the harbour in Ramsgate, may specialise in Thai, Lao and Cambodian cuisine, but its mouth-watering meals comprise of some of the finest home-grown produce.

Owner and chef Damrong Garbutt explains: "I love cooking so much and trying different recipes and dishes, and I make each one with love. And of course the food has to be really tasty and fresh – that's why my food miles should be measured in metres."

Vegetables are bought daily from Ramsgate market just down the road from the restaurant. Mrs Garbutt searches out the best cuts of meats and fresh fish from the local butchers and the catch of the day from the harbour.

Even the specialist Thai sauces and chillies are bought from local Asian supermarkets in Ramsgate and Canterbury. It is a combination of the near and far which not only endears the restaurant to an ever-increasing number of regular diners, but to critics too, who have so far been lavish in praise.

Harden's restaurant guide describes Surin as the "best Thai restaurant in Kent" and one of only three Thai restaurants recognised outside London. Already reviewed by the Michelin Guide, Mrs Garbutt is crossing her fingers for a Michelin star, which would make her the only such Thai chef and restaurant in the world. Observer Food critic Jay Rayner described Surin as "simply the best Thai meal I have ever eaten".



SURIN FARE: Locally caught sea bass and traditional green curry – mouth-watering



All of which is very much in keeping with KOS Media's 2009 campaign to encourage our readers to demand locally sourced and produced food and drink.

Not only does putting money back into the local economy, but it cuts down on the environmentally unfriendly distance such produce travels from source to our dinner table.

Typical items of the menu include Thai dumplings made with Kent pork and fresh crabmeat. Then there's Whitstable oysters dipped in hot chilli and shallot sauce. And the main dish is fresh sea bass with in-season Kentish asparagus or a Thai red curry with partridge from the farm just down the road.

Says Mrs Garbutt: "I am committed to using as much fresh, seasonal Kent produce as possible. It is unusual for an Oriental restaurant. We have searched out local suppliers for nearly every ingredient used."

And while she admits the recipes have been passed down through her generations to ensure an authentic experience, she remains thoroughly committed to every dish's ingredients originating in Kent.

Her efforts have been acknowledged too. She has won a Kent County Council Environment Award and a Green Tourism recommendation, as well as several Kent Business awards, and is recommended by The Good Food Guide and Time Out.

Even the Thai Embassy in London recommends Surin as one of the best Thai restaurants in Europe.



SPICE GIRL: Damrong Garbutt cooks a range of tasty Thai dishes in her restaurant



Basket price comparison

Sample baskets contain: Granary bread, two pints milk, 1l tonic water, 4 x 150ml yoghurts, 4 x Spitfire Beer (500ml), 500g Red Grapes, 1kg apples, 1kg Conference pears, 4 x oranges, 1 x melon, 1kg plums, 2kg potatoes, 1kg onions, 1kg carrots, 1kg leeks, 1 x red cabbage, 500g cherry tomatoes, 500g purple sprouting, 1 x large cauliflower, 400g salmon fillets, 500g Cumberland sausages, 250g back bacon, 500g braising steak. Closest match applied. Excludes Express and Metros. Excludes delivery charge. Red number indicates price difference. Source mysupermarket.com as of April 15, 2009.

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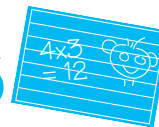
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BREAK TIME



HANDS ON: Mum Caroline Harding with daughter Lara, three, and son Adam, five, getting stuck in

Easter was a right mess at Temple Hill

PRE-school youngsters enjoyed a range of Easter-themed activities at Temple Mill Children's Centre's messy fun day.

Dozens of toddlers took part in the spring-time session at the Cliffe Road centre in Strood with their parents and grandparents helping them to make baby animals, plant bulbs and create masks.

Medway Council's children's services boss Les Wicks said the two-hour free-for-all had been a huge success.

He said: "I am very pleased our Sure Start Children's Centres are going the extra mile to make sure our children have a fun-filled spring break."

"It is clear a lot of messy fun was had and I am pleased to see parents are joining in with the fun too."

West End stage heroes hand out their expertise

■ BY SIMON ROBINSON

TWO West End stars brought the razzle dazzle of the London Theatre scene to Chatham earlier this month for an all-singing all-dancing master class.

Acclaimed performer Nicola Hughes and top-rated musical director Danny Whitby put MidKent College performing arts students through their paces during the one-day workshop, giving them an insight into the high standards and demands of the industry.

Nicola – who was catapulted to stardom through her performance of Bess in Sir Trevor Nunn's *Porgy and Bess* – said she was thrilled to give tips to the wannabe stars at the college's Horsted campus.

She said: "This kind of workshop is great experience for the students."

"Much like them, I didn't know what the industry was really like until I went to my first audition."

"But if they make the most of their time at college and approach their course in the right way, they can make a real impression when they finally get out there and start attending auditions."

Seasoned director Danny Whitby, who has worked on hit productions such as *Cats*, *Little Shop of Horrors* and *The Sound of Music*, added: "It's always nice to share your experiences of working in the industry with budding performers, but these students have been particularly responsive."

"Musical directors expect a high level of com-



MASTER CLASS: Emily Brown (left) and Faye Hudson (right), with West End star Nicola Hughes (centre)

mitment and quality and these learners have certainly risen to the challenge."

Student Emily Brown, 17, from Chatham, said she had gained a great deal from the workshop, saying: "This has been a brilliant

opportunity for us and it's been great to question people who've actually made it in the business."

"It's showed us that if you are prepared to work hard, you can get where you want to be."

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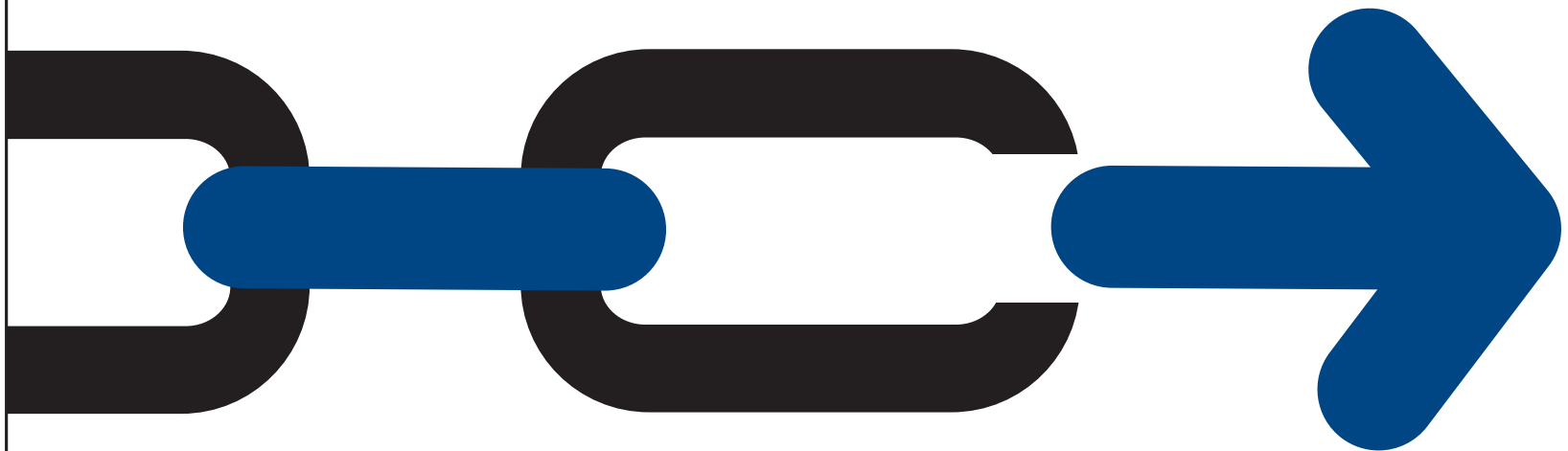
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Let's re-ignite our disruptive side and say oui to the unions

NIGEL Farage, the Kent-based leader of the UK Independence Party, was drafted in to speak on BBC Radio Kent last week on the issue of the striking French fishermen.

Most of the conversation went along exactly the sort of lines you would expect.

But of interest was Mr Farage's claim that British workers could do a lot worse than take a leaf out of the books of their French cousins and kick up some good old-fashioned industrial action.

He claimed, however, that us Brits would never do such things as strike or stand up for our rights as "it wasn't very British".

Clearly we're all far too busy selecting our next bowler hat, while sipping Earl Grey and discussing the cricket season than to dirty our hands displaying some industrial backbone.

Or, of course, it could simply be that not all that long ago a certain Prime Minister decided to crush trade unions to within an inch of their disruptive lives.

Mr Farage is not that much of an old-timer, admittedly, but surely he has some recollection of the Seventies when the British workforce stood up for what they believed in and fuelled by considerable union clout, they demonstrated that striking was a sport Britain could genuinely claim they were something of a specialist at?

So by the time Mrs Thatcher rolled along at the end of that decade, few could really argue that things were good for our efficiency as a country. Of course, the Iron Lady went too far – demolishing the power of the worker by clamping down and diluting unions to the point today when so few actually carry any clout at all.

The miners' strike was hardly a shining example of decorum, Mr Farage.

If you're a public sector worker, the chances

are there is a still a weight in numbers. If not, then union membership brings little other than half-price training seminars, monthly magazines and little work-place clout.

It has nothing to do with raising a fuss, not being 'British' or other such old guff, and everything to do with the British government of yesteryear beating it out of everyone.

Now, of course, we've gone full circle. Now we tut and roll our eyes when the French stand up for themselves. We tap into a latent xenophobia to condemn them.

I'm not for one moment suggesting their stance on fishing quotas is correct, or the disruption caused on this side of the Channel is justified. But at least they can take a stance on what they believe in. And surely that's very British isn't it?

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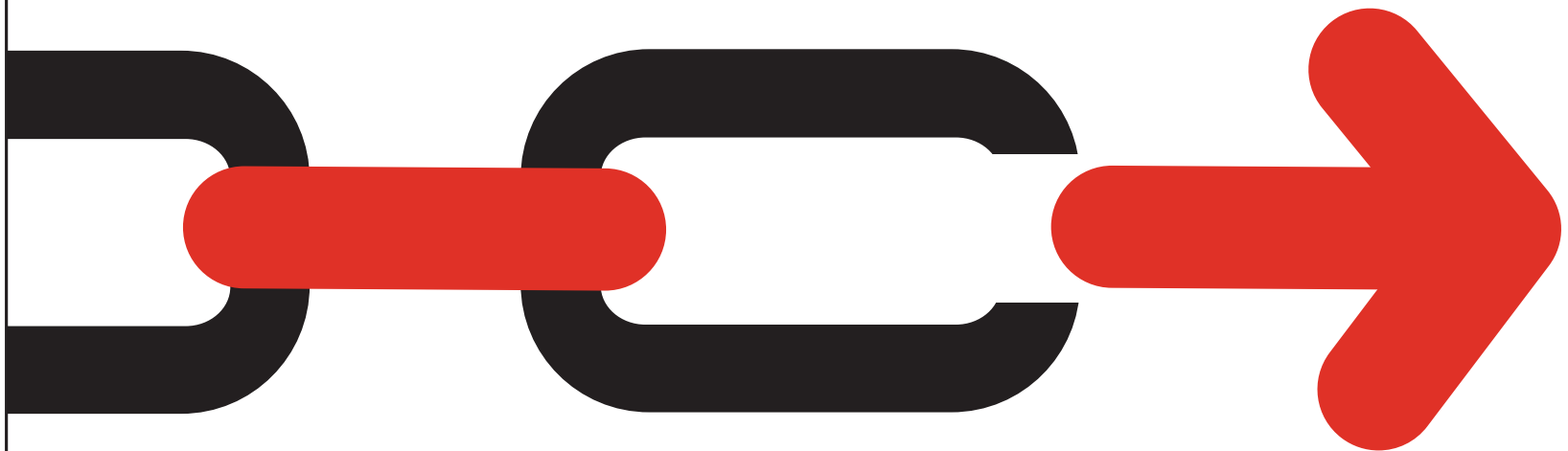


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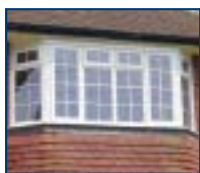
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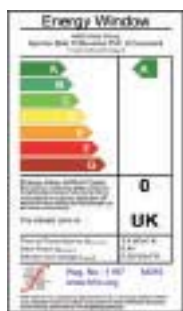
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TALK TIME

LOUISE THOMPSON

Fashion promotions student from the University of the Creative Arts in Medway talks about pole dancing and breaking down its sleazy stereotypes



Can you tell us a bit about yourself?

I'm 21 and live in Gravesend. I have lived there all my life and am currently in my third year at the University of the Creative Arts in Medway, studying fashion promotions. I also work part-time at Bluewater shopping centre and take part in Fit2Flirt, a pole dancing exercise group.

How and why did you get into pole dancing?

I got told about pole dancing lessons from a friend from work, I decided to take part as I'm very busy and do not take part in any sort of fitness. I felt that pole dancing would be different and a good form of fitness. It also enables me to get away from studying and have a bit of fun and enjoy time with my friends.

Does it bother you that pole dancing appeals to men?

I feel that it is associated with seedy clubs and dancers, whereas it actually takes a lot of skill and strength, and these facts are not always taken into account. Overall I think that it is just a fun and enjoyable way to keep fit.

How can readers get involved?

It is easy to get involved, Fit2Flirt, the team that teach us, put on a night where it costs £5 for an hour just to get a taste of what the classes will be like and give you a feel to if you will enjoy it or not.

• For more information on Fit2Flirt contact Lisa on 07866 534405 or email enquiries@fit2flirt.co.uk.

YOUR LETTERS



Shut the card cloning garages

I had my card cloned here and only escaped serious consequences because of the excellent services of First Direct.

The fact is that these garages are still open and judging by the feedback on Facebook, they are still at it. I reported this to the police and I was told it's up to the banks to investigate it.

Frankly I feel these garages should either close voluntarily whilst this is investigated, or face the wrath of the Facebook Army.

Garrie Owens, from Rainham, comment posted on web story at www.yourmedway.co.uk

Who's responsible for prosecutions?

Interesting that Garrie Owens was told by the police that it is up to the banks to investigate it.

My credit card was cloned and used in Thailand, but the money was refunded by my bank.

Apparently there is no point in



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providing the police with details as the banks will be investigating, and presumably prosecuting those responsible? Not.

Jerry Morley, from Reading, Berkshire, comment posted on web story at www.yourmedway.co.uk

ID like to see fraud reduced to zero

Banks have the option to reduce all fraud crimes to virtually zero

simply by making signature and PIN systems reliable.

Proposed ID key systems will enable individuals to obtain their ID stickers at any point of transaction plus provide a Card Key Code to activate PIN transactions and hence deter use of stolen or skimmed cards.

Only this system will eliminate the need for us to protect our personal and card details to deter fraud.

I hope that banks will exploit the proposed system before it is too late to stop a fraud boom.

Roger, from Aylesbury, Buckinghamshire, comment posted on web story at www.yourmedway.co.uk



21 day ban won't drive home dangers

What a joke our legal system is. Do they think that banning this lowlife idiot for 21 days is going to make difference to him?

He's at the pub right now bragging to his brain-dead buddies what he got away with.

This is just another pathetic example of what you can expect from our bleeding heart legal system. They should all be ashamed.

Let's only hope it's their child/wife/mother he kills next

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time he drives like that.

Maybe then they'll do the right thing and re-think their actions.

Charlie Mason, from Sevenoaks, comment posted on web story at www.yourmedway.co.uk

Showing pride is a beret good idea

Apparently the beret is back as a symbol of French pride with younger people across the Channel all deciding to sport a garment which many thought had gone for good outside of old episodes of *Allo Allo*.

Why don't we over here show our patriotism too – especially in the month of St George's Day.

Stuart Stanhope, by email

Minister's backing throws lifeline to UK's sea anglers

400 anglers have this support. The Government has agreed to fund the cost of fish quotas for sea anglers. This is a lifeline for many of them. The Government has agreed to fund the cost of fish quotas for sea anglers. This is a lifeline for many of them.

Wilful disregard is a reel problem

The current debate about fish quotas is yet again one Britain cannot win.

Whatever deal this country manages to get through the European courts and commissions will, just as surely as has happened in the past,

be broken by unscrupulous fishermen from the Continent, who will disregard the rules their countries have signed up to.

It is not the fault of successive governments there is a problem in this area – it is the wilful disregard of people from European continental states who make their living from the sea for the rules laid down to regulate them.

Alan Haynes, by email

Pensioners bearing brunt of fuel poverty

The Green Party does not believe fuel poverty in Kent can be removed as a social problem unless the minimum state pension is raised.

Kent Green Party has drawn attention to high levels of fuel poverty in the county on many occasions.

The party has just announced its support for a new deal for pensioners.

This is to include a £165 a week non-means-tested citizens' pension for every pensioner in the UK.

There are more than 109,000 households in Kent living in fuel poverty, according to latest Government figures. Many of these households include elderly people, so it is vital that the basic state pension be increased. Last year the poorest quarter of UK pensioner households saw their incomes rise by less than one per cent, well below inflation.

The poorest single pensioners saw their real incomes drop by four per cent. At least 15 per cent of UK pen-

sioners – more than 1.5 million older people – are living in persistent poverty.

This evidence, from the National Pensioners' Convention, suggests the elderly are bearing the brunt of the economic crisis.

The Government can fund a better pension. Dispensable and costly policies it is committed to at present include a national ID card (at least £12 billion); renewal of Trident nuclear weapons (£60bn over the life of the system); road-building at £300m per mile of motorway; two aircraft carriers (over £4.6bn).

Steve Dawe, Kent Green Party, by email

Going bananas to get the message across

World Cancer Research Fund's Go Bananas on Fruity Friday takes place next month and we're urging schools and companies to have a dress down day, wear yellow for Fruity Friday and make a donation to WCRF.

This year's Fruity Friday, on May 15, is set to be the biggest ever.

The aim is to get across the message about the importance of a healthy diet with plenty of fruit and vegetables, while raising funds for our cancer prevention research and education programmes.

To find out more about how to organise their own event, visit www.fruityfriday.org or call 020 7343 4205 for more information.

Teresa Nightingale, World Cancer Research Fund, by email

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Connect to new sounds

Festival promises to be a celebration of Polish culture

SOUNDS NEW CONTEMPORARY MUSIC FESTIVAL

Thursday, April 23, to Sunday, May 3
Various venues, Canterbury

DISCOVER the wonder of Polish composers and musicians at this year's Sounds New Contemporary Music Festival.

Supported by the Adam Mickiewicz Institute and the Polish Cultural Institute, the festival – which takes the theme Polish Connections – will provide the chance for Kent people to find out what contemporary music from that country has to offer. It will be one of the flagship events of Polska Year, the international Polish cultural season which comes to the UK this year.

The highlight of the festival will be a performance of Krzysztof Penderecki's *St Luke Passion* in Canterbury Cathedral on Saturday, May 2, conducted by the composer himself.

It has long been an ambition for the festival team to bring Penderecki to Canterbury and it will be the first time the piece has been heard in the UK for nearly 30 years.

It will be performed by soloists, three leading Polish choirs and the Polish National Radio Symphony Orchestra. The narrator will be Jerzy



TUNE IN: An impressive variety of acts will introduce listeners to the wonders of Polish music

Trela, described as “the Kenneth Branagh of Poland”.

This festival has been organised with a key concept in mind – accessibility. Contemporary Music-Making for Amateurs, or CoMA, will be holding a residency linked to the festival and an international conference on Polish music will be at Canterbury Christ Church University, including Penderecki among the speakers.

Film fans can also get involved and discover the influence Poland has had on the big screen with the film weekend at the Gulbenkian Cinema.

The festival will get off to a grand start with a concert by the Royal Scottish Academy Brass and members of the Philharmonia Brass, conducted by trumpet virtuoso John Wallace. Not only will it feature two UK premieres, one of which has been

composed by Penderecki, but the programme also includes a world premiere of Marek Pasieczny's *New Work*.

Festival-goers will discover all sorts of different music – the programme at Orange Street Music Venue includes a concert by jazz stars Evan Parker and Paul Booth, along with more experimental sounds.

This Saturday, the Gulbenkian Theatre will host a concert by The Motion Trio, a group which truly encapsulates the magic and melancholy of Eastern Europe. With their rock energy, Metallica-style look and thrilling acoustic sound, they will cast accordion-playing in a whole new light.

• Full festival listings and box office details can be found at www.soundsnew.org.uk or call 01227 780800 for a copy of the brochure.



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LONDON PHILHARMONIC SKIFFLE ORCHESTRA

Saturday, April 25
St Matthew's Church, Wigmore

JOIN Captain Cabbage and the boys for an evening of musical madness when the London Philharmonic Skiffle Orchestra comes to Medway.

The latest act in the St Matthew's Community Concert Programme will show just how diverse the series has become, with a performance that promises to be bizarre, energetic, colourful, fun, tuneful and much more.

Captain Cabbage began his career as a singer-guitarist in the 70s and later branched out into acting. On the set of Auf Wiedersehen, Pet, he met Martyn Oram, a founder member of popular



folk band Waterfall.

Former actor Mike Martin made a name for himself with the 80s old-time/Cajun band Peace On The Panhandle and played in a duo with Oram through the 90s. Completing the quartet is The Right Horrible Ronald Regan, who was a bassist in 60s band Fortes Mentum

and a founder member of legendary musical comedy act, Nuts & Bolts.

The concert starts at 7.30pm. Tickets, priced at £7, are available by calling 01634 372508, by emailing mattsconcerts@hotmail.co.uk or by writing to 42 The Goldings, Rainham, ME8 0AX.

THE NAKED TRUTH

Friday and Saturday,
April 24-25
Central Theatre, Chatham

FIVE women struggle to master pole dancing in the moving and funny play, The Naked Truth.

With an all-female cast, led by Abi Titmuss, it explores women's relationships, hang-ups, attitudes to men and their feelings about their bodies. Written for women about women, the play is described as 'Calendar Girls meets Stepping Out'.

The play also stars Lisa Riley, who played Mandy Dingle in Emmerdale, Julie Buckfield from Hollyoaks, former Coronation Street star Emily Aston, Lorraine Hodgson of Eastenders fame and Trudi Goodwin, who will be familiar to millions from her role as June Ackland in The Bill.

Written by Dave Simpson,



the author of hit West End comedy Girls Night Out, the story follows five women's laughter and tears as they prepare for a pole dancing event in aid of a breast cancer charity.

Tickets for the show, which is not suitable for under-16s, are priced from £14.50 to £18.50.

To book call 01634 338338 or go online to www.medway.gov.uk/theatrebooking.

GRAVESEND BOROUGH BAND

Saturday, April 25
St George's Church, Gravesend

GRAVESEND Borough Band marks a very special anniversary this weekend with a celebratory concert.

Sixty years ago, principal clarinettist Vera Bennett (nee Twist) joined the band at the tender age of 16 and has given unfailing service ever since. Her dedication is evident in her exemplary attendance, reliability and affection for the band, a standard which has never faltered since 1949.

Always one of the first to arrive at the Thursday practice sessions and invariably the last to leave, Vera has given an enormous amount of support over the years, ensuring high standards of musicianship and making new members feel welcome.

Each week during practice, members are treated to a brief history lesson as Vera reminisces about life with the band and her early days as an aspiring young clarinettist. She has made a huge contribution to the 129-year history of the band and continues to exert an influence on those around her.

The concert starts at 7pm and tickets cost £6/£5. To book call 01474 351688.



MEDWAY LEISURE

Enjoy a truly Cockney experience at the pub

EVERYONE'S favourite Cockney sparrows, Chas and Dave, will be performing in Gillingham this weekend.

Famous for hits such as Rabbit, Gertcha and The Sideboard Song, the pair can be seen at the Cherry Orchard in Deanwood Drive at 7pm on Saturday.

Pie, mash and alcohol will be available. Tickets, priced at £7.50, are available on 01634 234652.

Tribute act are forever celebrating Abba's hits

SEE dancing queens in action when tribute band Abba Forever visits Gravesend.

All of Abba Forever's vocals and music are performed live, which means their performances have to be at the highest level in order to meet the challenge.

Abba Forever will be at the Woodville Halls at 8pm on Friday. Priced at £15, tickets are available from 01474 337774 and at www.woodvillehalls.com.

Blues are Snowy White at Mick Jagger Centre

ONE of the great British blues-orientated guitarists can be seen at The Mick Jagger Centre on Friday.

Snowy White worked with Peter Green and Pink Floyd before joining Thin Lizzy. In the Snowy White Blues Project, he presents a fusion of blues and rock.

The concert at the Dartford venue starts at 8pm, tickets cost £17.50/£15.50. To book call 01322 291100.

Pair aim to deal out a great night for all folk

DESCRIBED as folk's answer to the White Stripes, The Dealers are regarded as one of Britain's best unsigned acts.

Their self-penned albums fuse acoustic guitar with classic English pop, making them an exciting act on the folk scene.

The concert is at the Brook Theatre at 8pm tomorrow and tickets cost £10 or £9. To book call 01634 338338 or see www.medway.gov.uk/theatrebooking.

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Virgin luxury traveller's LA break

■ BY CATHY GORDON

UNTIL recently I was proud of budget globe-trotting – doing everything on a shoestring, with enough left over for bargain buys in the departure lounge.

But, after a recent foray into the world of Posh and Becks et al, my head has been well and truly turned.

My trip to that Mecca of showbiz, Los Angeles, began with a limo arriving at my humble abode to whisk me to Heathrow. Sadly, it was too early for all but one of my neighbours to witness such a grand departure.

Once through the dedicated security channel, I went pronto to the flagship Virgin Clubhouse. No battling the crowds and queues for new VIP-me, that's for sure.

Instead of my usual schlep around the shops, I relaxed with a complimentary coiffure in the clubhouse salon before entering the hitherto unknown world of upper-class flying. I may need counselling the next time I go economy.

On arrival at LAX airport, I felt as fresh as a newly-minted starlet.

Yet another limo whisked me and my companions to Santa Monica, a favourite seaside haunt of the rich and famous.

Location is all. One simply must holiday where one can step straight from one's hotel onto the beach and dabble one's tootsies in the Pacific.

Staying at either Shutters On The Beach Hotel or Casa del Mar next to it fits the bill perfectly. I got the opulent Casa del Mar, and it was so exhausting sitting on my private terrace outside my room.

It was also very stressing, on arrival, trying



ATMOSPHERE: Santa Monica is full of character. Soak it all up with a walk along the sand to the historic pier

to ignore the huge four-poster bed. I still had a full day ahead because of the time difference. The show must go on!

The atmosphere of Santa Monica is laid-back and full of character, some of it wonderfully quirky. Soak it all up with a walk along the sand to the historic pier.

Santa Monica is ideal for families or couples, as it has lots of opportunities for sport, good places to eat to fit every budget and marvelous shopping for WAGS, with loads of stores within walking distance of the seafront.

I tried not to be distracted by a passing school of dolphins just yards away and instead turned my attention to lunch.

Try the Lobster seafood restaurant for, well, its delicious lobster. It also serves up bowls of ultra-skinny, to-die-for fries. I bet not many get past the lips of the size zero brigade though.

It is a fascinating eye-opener seeing how the other half lives, particularly in LA. For those of us without a bottomless pocket or a lottery win

behind us, a few days of posh hotels, fine food, hot and cold-running cocktails and pampering treatments galore is a great experience.

I was only there for three nights and it has provided me with dinner party tales ever since. Sadly, I didn't spot a single celebrity – just someone I could have sworn was an actress who used to be in Emmerdale.

The very name Beverly Hills conjures up images of fame and opulence – you can virtually smell the money.

If you can drag yourself away from the pool and the spa, you will find plenty to see in LA. A good way to see the sights, including the Hollywood sign, is an organised tour.

Apparently one of the best areas for spotting screen icons is West Hollywood, where they often hang out. Here, you also find plenty of art and design shops and galleries.

And for designer goodies, no trip to LA is complete without a mooch along Rodeo Drive, even if you only window-shop.



FACT FILE: CALIFORNIA

Time difference	-8 hours (GMT)
Capital	Sacramento
Language	English
Population	36.7 million
Currency	Dollar (\$1.2 to £1 approx)
Religion	Christianity
Climate	Mediterranean

Travel details

Cathy Gordon travelled to Los Angeles as a guest of Virgin Atlantic and stayed at the Casa del Mar Hotel in Santa Monica and The Peninsula Hotel in Beverly Hills.

Full Upper-Class fare Heathrow-LA is £3515, including taxes and charges, limos to and from airport at both ends, Upper-Class Wing (with private security corridor) at Heathrow, LHR Clubhouse with complimentary beauty treatments plus access to Clubhouse at LAX and priority boarding.

Economy lead in fare is £449, Premium Economy £1,157, both inclusive of taxes and charges. Virgin Atlantic flies to LAX twice daily.

Virgin Atlantic reservations: 0870 574 7747 and www.virginatlantic.com

Virgin Holidays offers a luxury LA break from £3854, for travel Nov 15-Dec 14, incl Upper-Class return, transfers and seven nights' room-only accommodation at five-star Beverly Wilshire Hotel.

Virgin Holidays reservations: 0844 5573 860 and www.virginholidays.com.

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A beautiful way to wash away all your troubles

■ Brown and Mason

GILLINGHAM-based company Brown and Mason are one of the top producers of beauty products in the south east of England.

Eva Rayfield started the company when she spotted a gap in the market for natural, affordable, ethically made products and acted swiftly to fill it with her own business.

The company specialises in producing top quality products which will help the whole body to be at its best – whether for people going about their daily business or a special occasion.

Wedding products are items the business particularly prides itself on producing.

She explained: “We make our own soaps, shower gels, bath products and shampoo.

“All of them are free from sodium laurel sulphate (SLS).

“We also make our own natural skincare products like cleansers, toners, face masks, face creams, body scrubs, body butters and hand creams.

“We use shea butter, coconut oil, apricot kernel oil and all sorts of other naturally occurring oils.

“Whenever possible we use the highest quality organic raw materials such as essential vegetable oils and herbs.

“Our current project is to make a rub-in oil which helps in the prevention of psoriasis.”

Eva explained the philosophy behind her



business: “What is important is the uniqueness of making products tailored to specific needs. The SLS-free products are also extremely important.”

The current best selling product is aimed at those who are preparing for what is likely to be the biggest day of their lives.

It is a bridal pamper pack with a face mask, a face cream, body scrub, body butter and a

body wash, all in a gift pack at a price of £25 – an ideal present for the bride to be in preparation for her wedding.

Current offers also include SLS-free heart shaped soaps in packs of six and multiple fragrances in a gift wrapped bag.

See Brown and Mason's products in store at Just Health, 49 High Street, Gillingham.

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A lot of sexually transmitted infections don't have symptoms until later on, so you may not be aware you have one – neither may the last person you slept with. Regular testing can give you peace of mind and protect yourself and others.

The Village

Wear a pedometer every day, around home, work, and while exercising. Your goal is to increase your steps to 10,000 or more daily. Remember this: You'll burn roughly 100 to 125 calories by taking 2,500 steps (about one mile).

Brown and Mason

Getting married? Try our bridal pamper pack, ideal to prepare your skin for the big day. It comes in a gift bag and includes face mask, face cream, body scrub body butter and body wash all for £25. Call Eva on 07816 883845 for more information.

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Paul Weller will jam at the Hop Festival

THE Modfather Paul Weller is coming to Kent to headline the second annual Hop Farm Festival.

Yes, dear reader, Paul Weller – who has sold millions of records fronting The Jam and The Style Council, and millions more as a solo artist – will headline the last night of the July two-day.

Sir Weller (surely it's only a matter of time) will be joined by indie superstars Editors, Doves and Super Furry Animals as well as

■ BY SIMON ROBINSON

Mystery Jets, Ladyhawke and 2ManyDJs.

The opening day's offering is just as strong, with headliner The Fratellis, Echo and the Bunnymen, Florence and the Machine, Noah and the Whale and Pigeon Detectives already among the confirmed acts.

No wonder Red List Live decided to postpone its inaugural event until next summer – tickets to the Hop Farm Festival are going to sell out in record time.

HFF boss Vince Power said he was thrilled with the first wave of confirmed artists and promised to add more major stars to the bill in the coming weeks.

He said: "After some delay due to our licensing issues, we have managed to get a great line up off the ground in time for 2009, with an expected audience of 20,000.

"I'm very pleased with the bands, with more than 70 acts performing across the weekend, and £125 for a weekend ticket including camping and car-parking, making this the best-value festival ticket this year.

"I'm looking forward to the weekend in July."

The Hop Farm Festival stands alone in the overcrowded festival market – offering an event free from ticket registration, VIP areas, branding and sponsorship.

This year the festival offers a weekend experience of boutique camping, top-notch food and traditional ales, with some of the best artists playing across three stages.

The Hop Farm Festival takes place at The Hop Farm, Paddock Wood, on Saturday and Sunday, July 4-5. Weekend tickets cost £125, with day tickets priced at £65.

For more information on this year's event, visit www.hopfarmfestival.com.

SATURDAY	Editors
The Fratellis	Doves
Echo and the Bunnymen	Super Furry Animals
Pigeon Detectives	Mystery Jets
Florence and the Machine	Ladyhawke
Noah and the Whale	The Rifles
Howling Bells	That Petrol Emotion
Etienne De Crecy	2ManyDJs
Dr Lektroluv	Scratch Perverts
DIM	Alex Copher
Jape	Burn the Negative
The Twilight Sad	RSAG
Let's Wrestle	65 Days of Static
SUNDAY	Dananananaykroyd
Paul Weller	Fight Like Apes

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- 4 Directions – Golden Light (from Maidstone)
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MEDWAY SHOPPING

Shimmering your way through the season

GET ready for the summer with Givenchy's shimmering new make-up collection, launching first at Debenhams.

One of the great new products is the Prismissime Mat & Glow Palette, priced at £31.50, which is tipped to be a hot summer buy.

Blend the nine shades and apply to the face to create a glowing complexion.

The range is available at the Chatham High Street store or see online at www.debenhams.com.

The Next stop for your hot summer wardrobe

FIND the perfect summer outfit at Next with their sizzling new range.

The Strood retail park store is offering bright and sassy looks with a signature crocheted dress for £45 and a pretty sun dress for £38 – both recommended by Marie Claire magazine.

White skinny trousers (£20) and bleached denim shorts (£18) can be found in store, along with a denim maxi dress (£45) and yellow frill top (£20).

See www.next.co.uk for details.

Store has bargains for guys to scrub up well

REFRESH yourself with selected three-for-two offers on a range of men's toiletries at Boots.

For hair styling a 100ml tub of Trevor Sorbie Mg moulding mud is £6.35, while Moosehead matt holding mud is £4.88.

Nivea Men After Shave cooling balm is only £4.78 and a 75ml bottle of Re-hydrating Moisturiser is just £7.33.

And Ted Baker Men's Bodywash is £3.91 and Lynx Snake Peel shower scrub for £1.99 at stores across Medway.

By George, you can get great bargains at Asda

ASDA is running a half price sale on its popular George clothing line.

A three quarter sleeve cardigan with a chiffon yoke and frilly detail is now £7, from £14, available in pastel green.

A flowery knee-length jacquard bow detail dress in coral is a steal at just £4.50 down from £20.

Cami vest tops, perfect for summer casual wear in black and white, are available at the Maidstone Road store in Chatham for just £3.

Jodi Picoult signs her new book at Bluewater

INTERNATIONAL bestselling author Jodi Picoult will be making a rare appearance at Bluewater next week.

The American writer will sign copies of her new book, *Handle With Care*, at Waterstone's at 12.30pm on Wednesday, April 29. The book tells of a devoted mother whose daughter suffers a severe form of brittle bone disease. How far will she go to secure her child's future?

Handle With Care will be priced at £14.99.

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WOMEN seeking men

HI I'm Sam, 22, looking for a relationship. I'm blonde, have brown eyes, love cosy nights in and cinema, looking to share a relationship. Box 448781 TXT

FUN-TO-BE-WITH, blonde female, 25, 5f2, a woman who loves football! Enjoys going out and staying in, looking for a like-minded man, to be her soulmate. Box 446494 TXT

SOCIABLE girl, 28, loves pubs, social drinks, meeting new people & more, seeks similar male, 58-62, for a lasting relationship. Box 448756 TXT

OUTGOING, fun female 28, seeks outgoing, fun guy to make me laugh and share the good times with. Box 882511 TXT

LOVING lady female, 30, blue eyes, brown hair, seeking LTR with male 30-35, 6ft+, no baggage. Box 448471 TXT

WARM, kind and sincere woman, 31, lots of love and loyalty for the right person, seeking an honest genuine man with a good heart. Box 451004 TXT

SLIM, blue eyed beauty, 31, loving, caring, very genuine. Wanting someone to cuddle up with at night and have lots of laughs with. Box 881494

EASYGOING female, 32, enjoys shopping, football, eating out, cosy night in, WLTm loving, caring white male, 35-47, for long-term, loving relationship. No time-wasters. Box 444214 TXT

LOVELY young lady, 33, 5ft8, cuddly larger build, single mum, seeking kind, caring, honest and genuine man for fun/friendship...hopefully more. Box 450371 TXT

CARING, loving, affectionate female, 30, 5'2", blonde, likes walking, horse riding, animals, seeks affectionate male, 30-40, for lasting, loving relationship. Box 384013 TXT

PRETTY black female, 32, tall, loves watching football, shopping, travel, seeking tall, white, loving male, 34-47, for LTR. Box 437778 TXT

32, 5ft8, brown hair, curvy figure, enjoys having fun and a laugh, and WLTm nice, kind gent. Box 439402 TXT

PETITE, dark-haired girl, 33, 5ft, fit, loves badminton, cinema and more, searching for an active man, with heart and soul. Box 881047 TXT

SINGLE mum from Kent, 34, 5ft4, works part time, looking for an easy-going and genuine male with gosh for friendship, maybe more. Box 450649

ATTRACTIVE, fun-loving female, 31, 5'4", size 12, dark hair with blonde highlights, tactile, WLTm intelligent, professional, attractive guy, for a happy relationship. Box 308734 TXT

HELLO I'm 35, kind, caring and non-smoking, enjoy cooking, cinema, music, dining in and out, looking for that special someone to enjoy a relationship with. Box 447595 TXT

I'M Rachel, 35, medium, enjoys pubs, clubs, cosy nights in, cinema, theme parks, looking someone special to share things with. Box 448591 TXT

FAIR-HAired female, 35, 5ft, loves the gym, pubs, nights out and fine company, searching for fun bloke, for life, love and laughter. Box 881011

LOVELY female, 36, 5ft4, medium-large-build, blonde hair, blue eyes, own house, loves walking, going out, the usual! Seeking male for long-term/serious relationship. Box 436102

LOVING female, 37, 5ft2, brown hair, slim build, looking for honest, caring male with GSOH, for friendship, leading to more. Box 449915 TXT

HI, I'm Alison, 36, 5ft5, single mum, loves swimming, roller skating and meeting new people, looking for a male for friendship, maybe leading to more. Box 448865 TXT

ASHFORD-BASED woman looking for an honest, friendly, caring and loving man. I have two kids and enjoy the usual things in life. Box 446985

37YR old female, 2 kids, slim, brown hair and eyes, 5ft2, looking for a caring, loving, honest and trusting male to be my someone special. Box 446552 TXT



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GOOD looking woman, 37, 5ft2, brown hair/eyes, 2 kids. Looking for new friends, and hopefully someone special. Box 446039 TXT

MUM of three, 36, long mousey hair, blue eyes, interested in historical places, music, eating out, seeks kind, caring, genuine male 36-49, non-smoker, for LTR. Box 440693 TXT

LOVING female, 36, 5ft4, brown hair, green eyes, likes socialising, staying in, seeks genuine male for friendship and more. Box 428666 TXT

SINGLE mum, 37, fun-loving, been hurt in past, looking for nice, genuine guy for hopeful happiness - no time wasters!. Box 908053 TXT

BUBBLY, cuddly, blonde single mum, 39, 5ft6, likes cars, reading, pubs, cosy nights in, having a laugh, looking for that right male for LTR. Box 905614 TXT

CUTE, single mum of 4, 38yrs old, Kent-based, into most things, looking for friendship or possibly romance. Box 897983 TXT

PRETTY, black female, 38, 5ft4, like football, socialising and cooking, looking for a loving and caring male, 38-42, for a LTR. Box 446684 TXT

LOVELY pretty big-busted lady, 39, medium build, 5ft5, lots of energy! likes the gym, reading, new experiences! seeking a nice man for potential exciting relationship!. Box 446724

I like reading/writing, going out, music. Seeking kind, genuine, honest chap. I'm a 40yr old woman who enjoys the simple things in life. Box 448542

SEEKING genuine, sincere, honest guy who likes to have fun. I'm a friendly, 40yr old female, and like cats, wind surfing, railway trips, cafes. Box 449747

MEDIUM build brunette, 40, 5ft7, single mum, enjoy bowling and water-sports, looking for a tall, non-smoking, white male for a stable and affectionate relationship. Box 450658 TXT

LOVELY, glossy brunette, 39yr old, petite, bubbly and loving, enjoys theatre, music and eating out, with a professional, loving and tactile male for a relationship. Box 442551

NICE looking, 41yr old mixed race female, likes cinema, walks, eating out, bowling, with a genuine white male with gosh for a fun filled friendship/relationship. Box 450890

EASY-GOING blonde animal lover, 41, easy-going and tactile, enjoy eating out, cinema and pubs, looking for a loyal, caring and funny man, 35-45. Box 451079

ATTRACTIVE woman with a great personality to go with, looking to meet a fit, tall, well-built black male, 35-55, for fun times and hopefully romance. Box 450650

HI I'm Judith, 40, small, blonde hair, blue eyes, love the sea and water-sports, cinema, animals; WLTm fun-loving guy for friendship and see what happens. Box 448107

LONELY, bored, professional Asian lady, 40, WLTm slim, single, solvent, professional white male 40-50 for company, fun, love and laughter. Box 443573

HELLO, I'm Nikki, 41yr young, 5ft1, enjoys dining out, cinema and dancing, seeking a male for friendship, possible romance and fun times. Box 444796

FUN-LOVING female, 42, looking for someone who can make me laugh and enjoys country walks, films, travelling and a nice evening cuddled up. Box 881545

WLTm a nice guy with a similar nature; I'm an outgoing woman, 42, with brown hair and green eyes. Tell me about you!. Box 446847

GOOD-LOOKING brunette from Kent, 43, 5ft10, likes bowling, eating in/out etc. Looking for a good-looking guy, 35-45, with gosh for friendship/relationship. Box 450348

HARD-WORKING female, 41, 5'4", bubbly, independent woman, love to laugh, socialising with friends, looking for independent man who values TLC. Box 414156

PLEASANT female, 43, medium/large build, blue/green eyes, grown up children, beach walks, relaxing, reading, winning, seeks sincere male with GSOH, for LTR. Box 429071

HONEST, bubbly female 45, long hair, slim, enjoys walking, cinema, socialising; seeks honest, friendly chap for friendship leading to more. Box 882693

SPIRITUAL 44yr old female, enjoy gardening, cooking and walks on the beach, WLTm a warm, loving and caring male for friendship, maybe a LTR. Box 444803

UNDERSTANDING, caring female, 45, 5ft4, medium build, brown hair, likes cinema, animals, music, romantic pubs, seeking male for cuddles, hugs and more. Box 444873

HI I'm Lynne 46, 5ft4, dark hair/eyes, love reading/writing, going out, astrology, cars; seeking honest, caring, outgoing guy to enjoy music, fun, friendship and more!. Box 449186

44YR old female, blonde hair, 5ft5, slim, easygoing, enjoy many things in life, looking for someone similar out there to enjoy life with!. Box 436810

CARING, cute female, 46, petite, likes socialising, dancing, travelling, good food, seeking intelligent, loyal male 42-52 for love and TLC. Box 444366

SINCERE, happy woman, with GSOH. I'm 5ft6, with short brown hair, brown eyes. I have lots of interests and WLTm similar guy. Box 895019

BUBBLY, caring lady, 47, divorced with 2 teenagers, dark hair, medium build, into cooking, driving, love to talk, laugh and have fun, seeking a normal guy. Box 425952

HELP me write my stand-up comedy routine! I'm 49, you'll need to make me laugh out loud and understand observational comedy to make the grade. Box 892640

PETITE, brunette, bubbly, friendly, easygoing single mum, 49, enjoys cinema, eating out, socialising, most things, WLTm genuine male, to see where life takes us. Box 893562

FUN-LOVING, sporty and fit lady, 50, loves salsa dancing and walking, searching for an intelligent and young at heart man for interesting chats. Box 451009

YOUNG 50s lady, slim, 5ft4, fair hair, a smoker, loves music, going out, cooking, gardening, seeking similar loving, caring, honest male. Box 448288

OUTGOING lady, 50, enjoys walks along the beach, nights out and in with a quiet bottle of wine, seeks man to love forever. Box 449524

GOOD-LOOKING female, 50, looking for a kind, reliable and honest man, must be a moderate drinker, for companionship and romance. Box 450655

FEMALE 49, 5ft4, long hair, slim build, likes eating out, the beach, travel, seeks a friendly chap, 48-55, Hastings. Box 417100

PROFESSIONAL lady, 53, non-drinker, likes travelling to the coast, POI, looking for a man to share the rest of my life with. Box 451018

YOUNG looking, hard working 53yr old living in Essex. I am a happy, caring person with a good sense of humour. Non-smoker. Heathfield. Box 883410

VIVACIOUS brunette, young 56, attractive, divorced, professional, enjoys art/craft/poetry, walking, travel, dogs, motorbikes. Happy to explore new interests with that special male 52-62, Brighton area. Box 905362

52YRS, 5ft6, blonde, size 12 enjoys good food/wine, theatre, countryside, holidays, seeking a sincere, genuine female, for friendship first, possibly relationship. Box 414143

SPONTANEOUS, friendly, lively female, 55, likes cinema, walking, cooking, socialising, seeks similar person for friendship leading to hopefully more. Box 430854

SMART petite lady, 56, 5ft4, tall, blonde hair, green eyes, likes restaurants, theatre, cinema, travel abroad; seeking happy guy with similar interests. Box 448795

INTELLIGENT lady, 55, 5ft8, large build, looking for a nice, genuine male who enjoys theatre, meals, laughter, music, relaxing and good conversation. Box 444145

LONDONER new to the area, 57, 5ft5, slim attractive blonde, seeking a man for serious relationship and lasting happiness. Box 449587

FUN loving, bubbly, tactile lady, 50s, enjoys the good life, holidays and cosy nights in, I'm voluptuous & looking for a real man. Box 903560

HI, I'm 58, 5ft7 with fair hair, medium build, love dancing and music, pubs, clubs, socialising, looking for a similar easygoing, romantic man for love. Box 450764

BLONDE, bubbly curvy female, 59, looks younger, fun to be with, honest, seeks caring male to be my soulmate. GSOH. Box 883891

INTERESTS: theatre, music, gardening, cooking, walks. I'm a tactile, loving female, considerate, with a GSOH. 59, 5ft2, dark hair/blue eyes, and WLTm romantic, non-smoking gent. Box 450420

HONEST & sincere female, 58, tall, GSOH, loves country pubs, coasts, cinema, seeking a man who's a match for me with GSOH for relationship. Box 441622

LOVING lady looking for companionship, 63, 5ft3, medium build, brown hair/eyes, loves dancing, walks and animals; seeks similar male with great SOH for lasting happiness. Box 446382

MALE, early 60s, tall, slim, modern, young thinking & very adaptable to people, own house, loves animals, walking & eating out. Hastings. Box 440502

FEMALE, early 60s, tall, slim, modern, young thinking & very adaptable to people, own house, loves animals, walking & eating out. Hastings. Box 440502

MALE, early 60s, tall, slim, modern, young thinking & very adaptable to people, own house, loves animals, walking & eating out. Hastings. Box 440502

HI I'm 37, new to town and would love to meet some gay/bi female companions to socialise with and just go out. Box 880564

52YRS, 5ft6, blonde, size 12 enjoys good food/wine, theatre, countryside, holidays, seeking a sincere, genuine female, for friendship first, possibly relationship. Box 414143

MALE, early 60s, tall, slim, modern, young thinking & very adaptable to people, own house, loves animals, walking & eating out. Hastings. Box 440502

SPONTANEOUS, loving guy, young 44yr old with sea blue eyes, slim build. Many varied outdoor pursuits and hoping to meet a fine young lady. E.Sussex. Box 446120

SCOTTISH man, 44, living in Kent, clean shaven, medium build, like sport and socialising, looking for a fun-to-be with lady for friendship, hopefully more. Box 450963

DOWN-TO-EARTH guy, 44, 5ft9, blue eyes, average build, open-minded and easy-going, likes sun bathing, seeking a girl with similar interests. Box 450974

ROB from Kent, 43, likes all the good things in life, fishing and romantic walks, WLTm a woman of similar age for good times. Box 450986

FIT and active body builder, 45, no ties or strings, hard working, loves life, looking for a woman to shower in love and attention. Box 451073

OUTSPOKEN 34yr old man, blue eyes, medium build, enjoys swimming, running, film, small animals, into history and travelling, looking for a similar girl. Box 451066

BLONDE male, 37, 5ft9, love golf, don't mind a beer, WLTm an open-minded female for good times, maybe a relationship. Box 450544

LEE, driver, 36yr old, 6ft3, dark hair, like pubs, clubs, wine bars, places of interest, sports and reading, with a woman for friendship and romance. Box 889720

HI, I'm Kevin, 38, mousey blond hair, blue eyes, lots of fun, genuine, seeking that special outgoing female, caring, for genuine loving relationship. Box 451097

LOVING, caring, generous spiritual man, 39, 6ft, black hair blue eyes, loves reading and science, looking for a woman to have a good relationship with. Box 451169

SINCERE, 36yr old male, self-employed, seeks Miss Right, 30-40, for friendship/romance. Box 783954

VIRGO male, 40, 5ft7, stocky build, kind, loving, fine guy, enjoys the cinema, meals out, walks on beaches, WLTm like-minded person to be my girl. Box 446212

ART-LOVING 40yr old, 5ft9, brown hair/eyes, into motorbikes and weight-lifting, looking for a trustworthy female for friendship to start off with, then who knows? Box 448928

HI, 40yr old fun-loving male, looking to meet slim fun-loving female, looks unimportant, for hopeful LTR. Many hobbies and interests!. Box 450819

HAPPY go lucky male, 41, likes sports, swimming, socialising, seeks down to earth female for friendship and more. Box 450824

I'M a cute and laid-back guy, 41, 5ft8, short hair, athletic, very tactile, loving and spontaneous, likes shopping, travelling, eating in/out, hate football! Brighton. Box 450614

FAMILY orientated guy, 41, separated, looking to find a lady who wants the fun and company of a partner back into their life. Box 884085

HI, I'm Carl, 40, GSOH, 6ft, light green eyes, brown hair, looking for a fun, bubbly woman to share laughs, days out and much more. Box 436996

OUTGOING, young-minded male, 47, smoker, likes war games, books, cinema, castles, places of interest, seeking similar woman to boogie on the dancefloor with. Box 443750

GENUINE, upbeat, comical male, 42, handsome, charming, likes sports, keeping trim, making new discoveries, seeks beautiful lady of inside and out for love. Box 450622

MODEST male, 42, 6ft2 with dark hair, stocky, a chef and loving dad, loves cinema, dining out and cosy nights, seeks someone special and fun-loving. Box 450057

SPONTANEOUS, loving guy, young 44yr old with sea blue eyes, slim build. Many varied outdoor pursuits and hoping to meet a fine young lady. E.Sussex. Box 446120

SCOTTISH man, 44, living in Kent, clean shaven, medium build, like sport and socialising, looking for a fun-to-be with lady for friendship, hopefully more. Box 450963

DOWN-TO-EARTH guy, 44, 5ft9, blue eyes, average build, open-minded and easy-going, likes sun bathing, seeking a girl with similar interests. Box 450974

ROB from Kent, 43, likes all the good things in life, fishing and romantic walks, WLTm a woman of similar age for good times. Box 450986

FIT and active body builder, 45, no ties or strings, hard working, loves life, looking for a woman to shower in love and attention. Box 451073

WARM, tactile male, 42, 6ft, likes socialising, pubs, clubs, cosy nights in, seeks like minded female, for friendship, leading to more. Box 388967

WELL-BUILT male, 44, looking for a female for friendship and fun, let's start 2009 not being single and with a smile!. Box 883622

HONEST 45yr old gent, 5ft10, short hair, enjoy swimming, walking, talking and dvd's, looking for someone similar, 40-55. Box 451048

RECENTLY separated man, 46, quite attractive, likes cooking, cuddles on the sofa, country pubs, Looking for a warm and bubbly older woman, 60-65, for companionship. Box 451057

WELL built graduate, 46, curly hair, looking for a lady, same age or younger, with similar interests to share good times and companionship with. Box 451046

SPONTANEOUS guy, 46, 6ft, blonde, blue eyes, likes country pubs, cinemas, walks, the gym, horse-riding, theatre and more, looking for similar happy-go-lucky girl. Box 450728

FANCY a walk along the beach at sunset? A cosy night on the sofa? I'm male, 46, average build, I'm romantic, like animals, and holidays. Box 447858

WARM, friendly, affectionate male, 46, I have plenty of love to give to the right woman, all I need to do is find her!. Box 450300

OUTGOING and friendly man, 47, blue eyes, fair hair, likes the countryside and spicy food, looking to meet a nice and friendly lady for love. Box 449306

KIND, genuine, down-to-earth male, 47, seeking companionship and LTR, 5ft10, cropped hair, blue eyes, stocky with cuddly belly! Box 449583

HI I'm Michael, 47, 5ft8, medium build, respectful, bubbly person, into most things, seeking a loving female for friendship and more. Box 450855

DOWN to earth & outgoing male, 47, seeking fun with a young lady who enjoys sports, staying active, travel, socialising, drinks and more. Box 451104

HOMELY guy, down-to-earth, 48, 5ft7, brown hair and eyes, good build, likes many interests, seeks lady to cuddle with. Hailsham. Box 450576

FRIENDLY guy, 49, 6ft, average build, dark hair, brown eyes, loves cars and shows, drinks in pubs, walks, beaches, countryside; seeking lady to laugh with. Box 449834

GENUINE man, 5ft5, fair hair, medium build, I'm 53, widowed, and ready to make a fresh start. I like

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I LOVE YOU MAN (15)



Peter is engaged to the woman of his dreams. In a series of 'man dates' to find a best man, he meets Sydney, the best friend he never had, but is forced to choose between his fiancée and his new buddy.

RACE TO WITCH MOUNTAIN (PG)



When a Las Vegas taxi-driver picks up two runaway teenagers, he discovers they have supernatural powers and finds himself caught up in the middle of a magical adventure.

MONSTERS VS ALIENS (PG)



When Susan Murphy (Reese Witherspoon) grows to 49ft 11in, she is taken to a secret government compound that houses a selection of monsters who are called upon to save the world.

Good and healthy for Viggo to feel the fear

■ BY SUSAN GRIFFIN

PLAYING Aragorn in The Lord Of The Rings trilogy may have made Viggo Mortensen a household name, but he's still uneasy with fame.

Even now, more than five years on, the 49-year-old with the chiselled cheekbones seems a little shellshocked by the experience.

"The only person who was really world famous when we started making the trilogy was Liv Tyler," he says.

"But that all changed when the first movie came out – it changed things a great deal.

"I'm glad to have been a part of that, primarily because of the friendships I made and I got to spend a lot of time in New Zealand, which is a beautiful country," he says.

"I'll always have a place in my heart for that experience, but on a practical level it also gave me the chance to play roles like Halder."

Viggo's talking about John Halder, the softly-spoken lecturer he depicts in his latest film, Good. Set in 1930s Germany, the movie is different from the typical Nazi-themed fare.

"Hundreds of movies have been made since the war relating to Germans at the time," Viggo explains.

"Even the ones out this year – The Reader, The Boy In The Striped Pyjamas, Defiance – don't really deal with the early '30s, the beginning of it, before people really knew where it would go, before people came to have associations with the swastika. In the early '30s it was just the flag of the country. Most movies are made with the benefit of hindsight. This story's just about regular people."

The film's last scene is particularly powerful. It ends abruptly and unexpectedly, leaving



VIGGO MORTENSEN: Superstar still uneasy with fame

viewers to digest what they've just seen. "The best stories are the ones that when the screen goes black at the end, you ask yourself 'Well, now what?'" Viggo says.

"It's more of an implosion than an explosion at the end. It has this nagging quality that makes you revisit and reconsider the film."

Defying popular movie convention, the entire cast speak with English accents.

"I think it makes total sense. Sometimes it's just disconcerting when it's a mixture, like in Valkyrie," Viggo says.

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"The problem is that no matter how good the dialogue and how well the story's told, some people are listening to how you're speaking, not what you're speaking about."

Good marks a departure from the action films Viggo's been associated with recently, particularly A History Of Violence and Eastern Promises.

"I do think about challenging myself," he says, when asked how he chooses roles.

"Say it's a good story and it's a character I could feasibly play, then the question is, is there something scary about it?"

"Is there a risk that I might not be able to pull it off? If that's there, that's the final incentive because I think a little fear is healthy. It forces you to push yourself."

GOOD
Certificate 15

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Page 52

Cinema
Fri 24 –
Thur 30 April

- **Bram Stoker's Dracula** 18
Fri – 8.50pm
- **The Class (Entre les Murs)** 15
Fri – 6.20pm, Sat – 8.50pm, Sun – 6.20pm & 8.50pm,
Mon – 6.20pm, Tue – Thur – 6.50pm
- **Barry Lyndon** PG
Sat – 5.20pm, Sun – 2.50pm

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YOUR TV REVIEW

■ BY TOM BETTS

THE HOSPITAL
Channel 4, 9pm, Tuesday
THE APPRENTICE
BBC1, 9pm, Wednesday

CONGRATULATIONS must go to Channel 4 for their new documentary series *The Hospital* – which proves that sometimes the best drama is right under our noses.

The first two episodes were especially brilliant, as we looked at the ways a typical NHS casualty deals with the horrors of the weekend.

Binge-drinking hordes crashed through the swinging doors in a seemingly never-ending stream of stupidity.

Stumbling around in their droves, shouting, vomiting and swearing their way into the staff's bad books, it was difficult not to feel sorry for those who have to deal with the fall out of a typical weekend as Britain blows off steam.

It brought home just how much the fights, drunkenness and all round bad behaviour seem to have become little more than par for the course.

It was interspersed with more pressing matters too, moments which – when set against the treatment of drunken teenagers who perhaps brought their own fate on themselves – were heartbreaking and disturbing in equal measure.

Especially moving was the access to the family who came to the ward after their son – and brother – had been involved in a major accident from which he would never wake.

Access to this kind of thing, even if it was very upsetting, is to be applauded and *The Hospital* is a slice of extraordinary television that deserves your attention.

After a rather lacklustre start (when



SWEET: Sir Alan Sugar is on fine form dealing with his wannabe apprentices this series

one contestant even pulled out before the first task) it's good to see the latest series of *The Apprentice* picking up a bit of steam.

Never really boring, the hour zips by and before you know it Sir Al, is in the boardroom dispensing the insults and giving the finger to some hapless wannabe.

It's difficult to say that anyone has really shone so far, so all bets are still off, but how Noorul hasn't got the boot God alone knows.

You never know; perhaps tonight's the night.

If I were a betting man I'd probably have a sly fiver on that Geordie chap Philip, mainly as he seems the least likely to drop a major clanger.

Alan Sugar has been on fine form too and seems even less tolerant than in previous series, which means we can expect more classic phrases like "a load of old toot" and that's never a bad thing.

YOUR WEEK'S HOROSCOPE

BY RUSSELL GRANT



AQUARIUS (Jan 21-Feb 19)
NEGOTIATING a property deal looks good this week. This is a wonderful time to buy or sell a piece of property. Be prepared to negotiate for a better interest rate. This could save you a large amount of hard-earned cash. A long awaited cheque could finally arrive.

• To find out more about what the stars have in store call Russell on **Aquarius** 09067-531762



TAURUS (Apr 21-May 21)
IT may be time to take a romantic relationship a step further. If you're looking for love, you could find it inside a professional organisation. A friend is encouraging you to take a creative risk. It's time to expand your repertoire, even if you're not sure how to proceed.

• To find out more about what the stars have in store call Russell on **Taurus** 09067-531753



LEO (Jul 24-Aug 23)
TALKS with your boss will be productive. Go ahead and ask for a rise. It's long overdue. If you're looking for a job, you could find a lucrative one in your desired field. An unexpected refund, inheritance or gift makes life a little bit easier. Take the time to smell the flowers.

• To find out more about what the stars have in store call Russell on **Leo** 09067-531756



SCORPIO (Oct 24-Nov 22)
TALKS with a business contact or romantic partner will be productive. Be honest, but constructive when you speak your mind. You have a tendency to hit below the belt when you get angry. If you avoid this temptation, you'll soon reach a new understanding.

• To find out more about what the stars have in store call Russell on **Scorpio** 09067-531759



PISCES (Feb 20-Mar 20)
YOU could be making a very serious long-term commitment this week. Having a supportive person in your corner will make life much easier. You're tired of having the weight of the world on your shoulders. Fortunately, your partner is poised to assume their share of the burden.

• To find out more about what the stars have in store call Russell on **Pisces** 09067-531763



GEMINI (May 22-Jun 22)
A PLUM career position could become available. Be ready to compete for it. There will be many intimidating rivals for this spot, but you could end up getting the top spot. The key is to emphasise your versatility. Friendship could turn to romance with very little effort.

• To find out more about what the stars have in store call Russell on **Gemini** 09067-531754



VIRGO (Aug 24-Sep 23)
YOUR patience helps you acquire some valuable insight and expertise. Teaching, writing or lecturing could put extra money in your pocket. It's possible you could get an all expenses paid trip to share your knowledge. If you're single, you have a good chance of finding love.

• To find out more about what the stars have in store call Russell on **Virgo** 09067-531757



SAGITTARIUS (Nov 23-Dec 21)
IT'S important to get the treatment you need for a minor health or stress problems before it really gets you down. Things are looking good on the home front. This is a great week to host a big family gathering or invite the neighbours round for a drink or a coffee.

• To find out more about what the stars have in store call Russell on **Sagittarius** 09067-531760



ARIES (Mar 21-Apr 20)
A SECRET love affair could be adding a welcome dash of spice to your life. Financial negotiations may not go the way you want. Wait until next week to discuss money with your boss. You could find some attractive bargains this week for a very good price.

• To find out more about what the stars have in store call Russell on **Aries** 09067-531752



CANCER (Jun 23-Jul 23)
LEARNING new skills will be challenging, but it will expand your professional horizons. The more you know about a subject, the easier it will be to get a steady job. You'll also make some good friends among your fellow students. A legal dispute could go in your favour.

• To find out more about what the stars have in store call Russell on **Cancer** 09067-531755



LIBRA (Sep 24-Oct 23)
YOU have every reason to be suspicious of any financial deal that seems too good to be true. Keep your money where it is safe and you can get instant access to it. A great job offer could fall into your lap. Although the work will be far from easy, it will draw on your creative talent.

• To find out more about what the stars have in store call Russell on **Libra** 09067-531758



CAPRICORN (Dec 22-Jan 20)
PUTTING your hard-won knowledge to work will be very satisfying. This is your chance to prove just how valuable you are to the people around you. A note or phone call gives your spirits a lift. It's nice to know your powers of attraction are operating at full strength.

• To find out more about what the stars have in store call Russell on **Capricorn** 09067-531761

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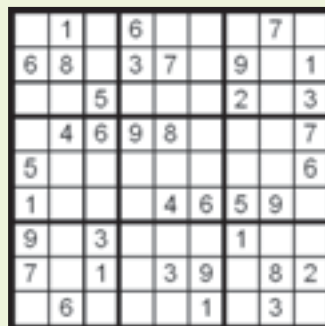
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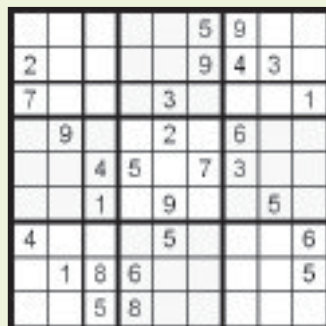
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CRYPTIC CLUES

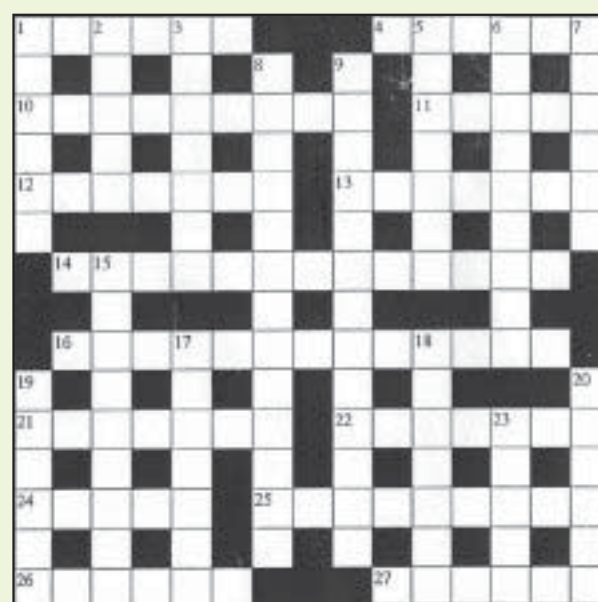
ACROSS

- 1 Assumed I could have included practitioner (6)
- 4 After six, Greek character took Mum into deity (6)
- 10 Put into play (9)
- 11 Enlist short turn in Parisian style first (5)
- 12 Give new vigour to computer? (7)
- 13 Less than 50 per cent of hot flan cooked (3,4)
- 14 Got round state with liking for something that comes with experience (8,5)
- 16 A Nile conquest could be following as a result (13)
- 21 Enquire about an establishment indirectly (7)
- 22 Indeed extra lines included turning to the right (7)
- 24 One in bewilderment had cereal (5)
- 25 Grasp purse in America lady might be carrying (6,3)
- 26 Vague Mary with Ed confused (6)
- 27 Player's boots I repaired (6)

DOWN

- 1 Recent form ships followed (6)
- 2 Grumpy diminutive person (5)
- 3 French cat going over water at castle (7)
- 5 Still one article on type of selling (7)
- 6 Simple brew (6,3)
- 7 Morally raise higher, 51 feet (6)
- 8 Regular recurrence on radio (4,9)
- 9 Diminutive lady had terrible sensational book (5-8)
- 15 Timely way to go (9)
- 17 Star be before morning light (7)
- 18 One might hail its advance (7)
- 19 Stuck in the traffic? (6)
- 20 Frustrate bandleader Ray (6)
- 23 Priest to grab bionic part (5)

SCRIBBLE HERE



QUICK CLUES

ACROSS

- 1 Burlesque (6)
- 4 Congestion of events (6)
- 10 Fragrance (9)
- 11 Devil (5)
- 12 Russian dramatist (7)
- 13 Alight (7)
- 14 Successful run (7,6)
- 16 Too difficult to understand (5,4,4)
- 21 In a nery state (7)
- 22 Shorter and thicker (7)
- 24 Chemically inactive (5)
- 25 Round boiled sweet (9)
- 26 Web (6)
- 27 Soporific (6)

DOWN

- 1 Buccaneering (6)
- 2 Dirge (anag.) (5)
- 3 Sea-mammal (7)
- 5 Senior citizen (7)
- 6 Cajun dish (9)
- 7 Membrane enveloping brain (6)
- 8 Game between unequals (6,7)
- 9 Words at start of race (5,6,2)
- 15 Intermediate (2-7)
- 17 Of plants (7)
- 18 Hit in baseball (4,3)
- 19 Whimsical (6)
- 20 Dowdy (6)
- 23 Snow-house (5)

LAST WEEK'S SOLUTIONS

SUDOKU SOLUTIONS No83

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MEDIUM



HARD



Answers to all of this week's quizzes can be found on our website

CRYPTIC SOLUTION No83

ACROSS: 8 Pertinent 9 Horny 10 Stipulate
11 Asset 12 Revised Version 15 Pear 17
Moped 19 Daze 21 Requisitioning 23 Toast
24 Jackknife 26 Rance 27 Insomniac.
DOWN: 1 Jester 2 Stopover 3 Uncle Sam
4 Gnat 5 Theatre 6 Brassica 7 Bystander
13 Depot 14 Spare tyre 16 Acquaint 18
Doorknob 19 Designing 20 Sixteen 22
Guffaw 25 Aunt.

QUICK SOLUTION No84

19 Quaint 20 Frumpy 23 Igloo
go 15 In-between 17 Vegetal 18 Home run
7 Meninx 8 Uneven contest 9 Ready Steady
2 Ridge 3 Dolphin 5 Oldster 6 Jamabakaya
26 Tangle 27 Snoozy
DOWN: 1 Piracy
Uplight 22 Dumpster 24 Inert 25 Sugarplum
Winning streak 16 Above one's head 21
11 Demon 12 Chekhov 13 Detrain 14
ACROSS: 1 Parody 4 Logjam 10 Redolence

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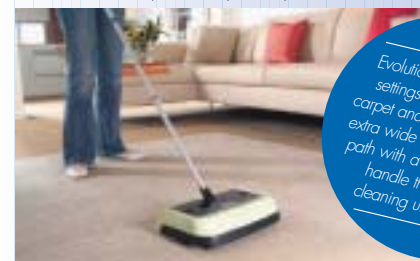
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PROPERTY NEWS

Equity erosion and high deposits take their toll

HOME purchase lending has increased and remortgaging declined, according to the most recent figures available to the Council of Mortgage Lenders.

There was a four per cent increase in house purchase loans in February, although activity remained weak at a third of the average number of loans witnessed for the month over the last few years.

There was also a 20 per cent decrease in remortgaging for the month.

A spokesman said: "We expect demand for remortgaging to remain muted as lenders' standard variable rates are attractive compared with new mortgage pricing, and house price falls continue to erode equity levels."

Although first-time-buyer loans were significantly lower than previous averages for the month, there was a seven per cent increase from January, with deposits typically standing at 25 per cent – a new record for residential mortgages.

The CML said the tight lending criteria for first-time-buyers meant such deposits "remain out of reach for all but the most affluent buyers, for example people returning to home ownership after a period of renting, divorcees or those who get financial assistance from their family".

Social housing overhaul planned by Tory Party

PLANS to overhaul the social housing structure have been announced by the Conservative Party.

The Tories say they want to address antisocial behaviour and encourage social responsibility, as well as 'bring back pride' to neighbourhoods.

The proposals include:

- Rewards for good behaviour: offering tenants with a record of five years' good tenant behaviour a ten per cent equity share in their social rented property, which can be cashed in when they want to move up the housing ladder.
- A 'right to move' for good tenants who wish to move to other social sector properties.
- Local housing trusts: allowing villages and towns to create new community-led bodies with planning powers to develop local homes for local people, provided there is strong community backing.
- More family homes and stopping garden-grabbing: reversing the classification of gardens as brownfield land, and allowing councils to prevent over-development.



GENERATION NEXT: It is estimated that some 1.6 million 18- to 34-year-olds are living rent-free with parents, family or friends in the UK in the wake of the credit crunch

Rent-free 'kidults' rely on family and friends

■ BY NICK AMES

MORE young people than ever before are living rent-free with family and friends in a bid to save money to get on the property ladder, according to new research

Getting a helping hand from parents, relatives or mates is increasingly being seen as the only way for many to fund the bigger deposit needed to get mortgages in the wake of the credit crunch.

This is particularly the case in the South East and London, where house prices are higher than the rest of the UK.

The new study by Abbey Mortgages found about 1.6 million people aged 18 to 34 are now living rent-free with family and friends.

The number is up from 500,000 this time last year, with the south of England witness-

ing the largest increase in the number of what are being termed 'kidults'.

Abbey says the money-saving trend is not particular to one specific group, and some 300,000 35- to 54-year-olds have also found themselves in the same position.

Combined, it is estimated the total number of kidults in the UK are saving some £839 million, according to the mortgage provider.

With the average first-time-buyer now aged 29, Abbey says it has timed this research to coincide with the launch of a new range of mortgages specifically for them.

Nici Audhlam-Gardiner, Abbey's mortgage director, said: "In the current climate many people have little choice but to return home or turn to their friends or family for somewhere

to live at no cost. While an adult living at home until they are in their 30s is more associated with our Continental cousins, Abbey Mortgages research shows that this is a trend that is on the increase here in the UK as well."

In areas where house prices are traditionally the most expensive, there were higher numbers of kidults, with more than 270,000 adults in London alone living rent-free.

Those living in the south of the country are twice as likely to live with others rent-free compared with those living in the North East and North West, the study found.

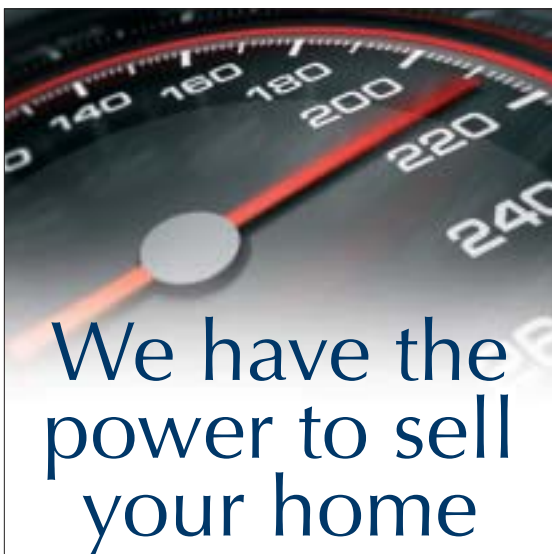
Ms Audhlam-Gardiner said: "At Abbey we are committed to helping first-time buyers and last week launched a new mortgage designed especially with them in mind."

"The 85 per cent LTV four-year fix is market-leading and also has £250 cashback, free valuation and free legals."

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MANN

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88 High Street, Gillingham, Kent ME7 1AX

Rainham Office Tel: 01634 374953
11 High Street, Rainham, Kent ME8 7HX

Rochester Office Tel: 01634 812697
150 High Street, Rochester, Kent ME1 1ER

Strood Office Tel: 01634 715401
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Rochester OIEO £300,000

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Four bedroom detached house, en-suite shower room, conservatory, garage.

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Four bedroom town house, lounge/diner and kitchen/breakfast room.

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Chatham £182,500

Four Bedroom End of Terrace, End of Terrace, Downstairs W.C

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Two bedroom terrace house in the sought after location of Bishops Square.

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Two bedroom retirement apartment, double glazed, allocated parking.

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Gillingham £169,995

Three bedroom extended end of terrace house, downstairs cloakroom.

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Rochester OIEO £160,000

Three bedroom house, central heating, double glazing, two reception rooms.

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Hoo OIEO £160,000

Three bedroom semi-detached house in a desirable location.

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This four bedroom semi-detached home is one not to be missed

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Two bedroom Terrace House, Sought after location, no onward chain.

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Chatham £130,000

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Rainham OIEO £119,950

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Chatham Asking Price £98,000

Three Bedrooms, Downstairs Bathroom, Popular Location, some Refurbishment.

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Rochester Asking Price £85,000

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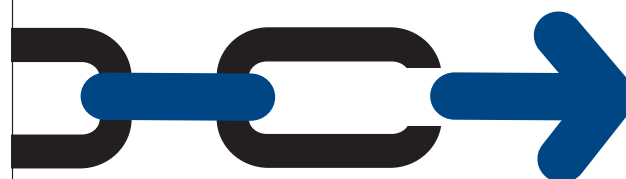


Gillingham £84,995

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Cliffe Woods



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4 Bed house, sought after location. Features an integral garage, 2 receptions, cloakroom and fitted kitchen.

Cliffe



£185,000

Extended five bed house. Features integral garage, extended fitted kitchen, utility area and cloakroom.

Isle of Grain



£174,995

Substantially extended four bed detached house, no forward chain, kitchen diner, conservatory and garage.

Strood



£168,995

3 bed semi-detached, popular residential crescent. Double glazing, central heating, fitted kitchen, conservatory.

Hoo



OIEO £160,000

Two bedroom semi home. Features double glazing, fitted kitchen/diner, upstairs bathroom and off road parking.

Strood



£135,000

3 Bed terrace with off road parking, double glazing, fitted kitchen and two receptions. Highly Recommended.

Allhallows



£110,000

Superb two bedroom with fitted kitchen, en-suite to master, allocated parking, private garden and superb view.

Strood



OIEO £95,000

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- 3 Floors, River Views To The Rear

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Walderslade Woods | £265,000 - £295,000

- 5 Bed Ext Det, 3 Recp
- 2 Baths, En Suite
- Utility Room

WALDESLADE OFFICE | 01634 865661



Rainham | £250,000 - £270,000

- 4 Bedroom Detached, Integral Garage,
- Central Heating & Double Glazing, En-Suite To
- Master, Downstairs Cloakroom, Driveway

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Walderslade | £190,000 - £210,000

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- 2 Bed Bung, Cons,
- Garage

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Cliffe Woods | £190,000 - £215,000

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- 2 Receptions, Kitchen/Breakfast Room
- Utility Room, Ground Floor Cloakroom

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Gillingham | £185,000 - £205,000

- 2 Bedroom Detached Bungalow,
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- Front And Rear Garden, No Chain!

LOWER GILLINGHAM OFFICE | 01634 851191



Frindsbury | £130,000 - £145,000

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- Fitted Kitchen, Utility Room

STROOD OFFICE | 01634-716597



Gillingham | £118,000 - £130,000

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MOTORS NEWS



Super Cupra is ready to shine this summer

SEAT has unveiled a new-look Cupra sporting flagship for this summer. The 2.0-litre 237bhp/240PS turbocharged engine is carried over from before, but the Cupra's lowered 'track car' style has been enhanced by new front and back ends.

A set of 18-inch alloys and gloss black door mirror housings add to muscular style. The cabin features aluminium pedals and racing/bucket style seats.

Top speed is 153 mph and 0-62mph sprint takes 6.4 seconds with an average 34mpg. Prices are to be announced.



Renault making prices fall for the Scenic route

HAVING invented the people carrier/MPV type with the original Espace and Scenic models, Renault has had to play catch up.

But aggressive pricing from £14,995 for the new seven-seat Grand Scenic could be a bid to restore market share.

That brings an Extreme 1.6 petrol version costing £1,060 less than the current equivalent, while the likely best-selling Dynamique trim with the same engine is £660 less. Standard kit is impressive – the newcomer arriving on 15 May.



Fabia newcomer scouts out more Skoda sales

SKODA has carved a nice little niche by creating rugged Scout versions of key models. And those needing a supermini workhorse may be tempted by the new Fabia Scout, arriving in late May and based on the practical estate body.

Unlike the bigger Octavia Scout it is not four-wheel drive, but does have a durable front bumper and cladding for extra protection, while roof-rails boost its load-lugging potential. Two petrol and two diesel engines are offered, but the Czech brand has yet to confirm prices.



IMAGE CONSCIOUS: The Dodge Journey also comes generously 'loaded' with kit in the American way and the ride is decent, but the car does not feel as taut and sporty as looks would suggest.

Journey could be Dodge way to wooing UK buyers

ROAD TEST DODGE JOURNEY

BY STEVE LOADER

STAR QUALITY

Driving appeal	★★★★★
Image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Green rating	★★★★★

Admittedly, the interior still looks off the pace compared with rivals such as the VW Touran and sector-leading Vauxhall Zafira, but there are signs that Chrysler has been listening to British buyers.

The car is also available with the 140bhp 2.0-litre VW diesel that has become a stalwart across Chrysler brands. It suits current market demand, being sufficiently lively yet clean and economical, aided by a decent six-speed manual shift.

A 170bhp 2.4-litre petrol unit is the only alternative; it is livelier, but thirsty too, and you need to be daft to opt for that, even if the diesel sounds a bit lumpy at times.

Needless to say, the Dodge also comes generously 'loaded' with kit in the American way and the ride is decent, but the car does not feel as taut and sporty as its looks would suggest.

Nevertheless, the Journey is aptly named and likely to tempt buyers to this relatively new brand, especially in price-sensitive times, with standard kit including climate control, under-floor stowage, tilt and slide rear seats, 90-degree opening rear doors for easier access, electronic stability control, hill start assist, tyre pressure monitoring and front, side and curtain airbags.



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02 PEUGEOT 106 INDEPENDENCE, 3dr, silver, 55000 miles, 12 months, MOT£1995

01 Y SUZUKI SWIFT 1.3 GLS Green, 5dr, p/s, 83,000 miles, fsh, Radio cd, Taxed March, Mot Nov£1295

99 V VAUXHALL CORSA 1.0 12V ENVOY, 3dr, manual, hatchback, petrol, 72,000 miles, blue, adjustable seats, head restraints, folding rear seats, immobiliser, radio/cassette, insurance group 2£1295 P/X WELCOME

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96 N VAUXHALL FRONTERA 2.0i SPORT APACHE, 3dr, Manual, station wagon, petrol, 150,000 miles, metallic gold£995 P/X WELCOME

92 K ROVER 216 CABRIOLET, 2 dr, automatic, cabriolet, petrol, 92,000 miles, metallic red, 12 months, Mot£1295 P/X WELCOME

91 J TOYOTA MR2 GT T-BAR SPORTS, 2 dr, manual, coupe, petrol, 81,000 miles, metallic red, 7 owners, alloy wheels, cd leather upholstery, part service history, 12 months mot, private plate C2KBT£1995 P/X WELCOME

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Y VAUXHALL ASTRA 1.6 SXi, silver, 5dr, p/s, remote, mot Feb. 10, e/w, 92000 miles, FSH£2295

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USED CAR ROUND-UP: OUR PICK FROM A KEY SECTOR

FORD FOCUS



BRITAIN'S favourite car. Or is it? Some say it's number one through Ford's formidable market share. Fair point, but the Focus is also great to drive, practical, well-made and blessed with good engines. For second-hand buyers there is a fantastic choice of power – including the rapid ST – trim levels and body styles: a smart saloon and estate plus a coupé convertible. The car's popularity and ordinary looks are a weakness though and reason enough for some buyers to look elsewhere.

STAR QUALITY

Driving appeal	★★★★★
Looks and image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Quality	★★★★★

NISSAN ALMERA



NISSAN always struggled to glamorise the Almera, but devotees cherished its solid build and reliability. Used car buyers love it even more for its modest prices, though good ones can still fetch decent money. The five-door is the winner for all-round versatility, but the rarer three-door is sportier looking. The balance of driver appeal and ride is also well-judged and Nissan kept specs high to maintain the car's competitiveness in a tough sector before finally throwing in the towel.

STAR QUALITY

Driving appeal	★★★★★
Looks and image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Quality	★★★★★

MAZDA 3



MAZDA'S close relationship with Ford means a lot of Focus resides beneath the skin of the Mazda3 and that means neat handling. Yet that skin also makes the Mazda stand out from its ubiquitous half-sister – a fact not lost on used car buyers looking for something distinctive. The '3' is mostly found as a capacious hatchback, but there is also a sporty saloon that shares few panels with it. Engines are lively, in line with Mazda's sporty 'Zoom-Zoom' image.

STAR QUALITY

Driving appeal	★★★★★
Looks and image	★★★★★
Space	★★★★★
Value	★★★★★
Running costs	★★★★★
Reliability	★★★★★
Quality	★★★★★

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06	06	Fiesta 1.4TDCi Zetec Clim 3dr silver aircon alloys ABS brakes fogs electrics c/locking	£6,999
07	07	Fiesta 1.25 Zetec Clim 3dr amethyst aircon CD PAS abs brakes fogs electrics airbags c/locking alloys	£6,999
06	55	Fiesta 1.6 Zetec-S 3dr black CD aircon airbags r/c/locking PAS ABS electrics fogs alloys	£6,999
07	57	Fiesta 1.4 Zetec Clim 5dr silver aircon CD PAS ABS brakes fogs electrics airbags c/locking alloys	£7,499
07	57	Fiesta 1.4TDCi Zetec Clim 3dr black aircon alloys ABS brakes fogs electrics c/locking	£7,499
08	08	Fiesta 1.25 Zetec Clim 3dr ocean blue aircon CD PAS abs brakes fogs electrics airbags c/locking alloys	£7,799
08	08	Fiesta 1.4 Zetec Clim 3dr silver aircon CD PAS ABS brakes fogs electrics airbags c/locking alloys	£7,799
07	07	Fiesta 1.4TDCi Zetec Clim 5dr black aircon alloys ABS brakes fogs electrics c/locking tech pack	£7,799
07	57	Fiesta 1.4 Blue 3dr ocean blue sony CD PAS aircon priv glass alloys electrics c/locking airbags	£7,999
07	07	Fiesta 1.6 Zetec-S 3dr black CD aircon airbags r/c/locking PAS ABS electrics fogs alloys	£7,999
08	58	Fiesta 1.4 Zetec Clim 3dr amethyst aircon CD PAS abs brakes fogs electrics airbags c/locking alloys	£8,299
08	08	Fiesta 1.4 Ghia 5dr ocean blue aircon CD leather heated screen PAS c/locking ABS brakes	£8,499
08	08	Ford Direct Fiesta 1.4TDCi Zetec Clim 3dr black aircon ESP b/tooth park sensors 2yrs warr and AA cover	£8,999
08	08	Fiesta 1.6 Zetec-S 3dr Silver CD aircon heated screen full leather r/c/locking PAS ABS electrics fogs	£8,999
08	08	Fiesta 1.6TDCi Zetec-S 3dr red CD aircon airbags r/c/locking PAS ABS electrics fogs alloys	£8,999
08	08	Ford Direct Fiesta 1.4 TDCi Zetec Clim 5dr apple green/ aircon ESP b/tooth park sensors 2yrs warr and AA cover	£8,999
08	08	Fiesta 1.4 Ghia Auto 5dr silver aircon CD leather heated screen PAS c/locking ABS brakes	£8,999
08	08	Fiesta ST150 3dr white aircon alloys fogs airbags 1/2 leather electrics ABS brakes c/locking	£9,699
08	08	Fiesta 1.6TDCi Zetec-S 3dr black CD aircon airbags r/c/locking PAS ABS electrics fogs alloys	£9,699
Fusion			
06	06	Fusion 1.4 Style Clim Durashift grey aircon cd heated screen c/locking PAS ABS brakes	£6,999
06	56	Fusion 1.4TDCi Plus blue aircon CD electrics airbags PAS ABS brakes	£6,999
06	56	Fusion 1.4 Style Clim blue aircon cd heated screen c/locking PAS ABS brakes	£7,299
08	08	Fusion 1.6 Zetec Clim black aircon CD heated screen alloys PAS ABS brakes	£7,999

Focus			
05 55	Focus 1.6 Sport 3dr blue aircon PAS Cd player alloys c/locking electric windows ABS brakes		£5,999
05 55	Focus 1.6 Zetec Clim 3dr blue aircon PAS CD alloys electrics fogs c/locking ABS brakes		£6,999
06 56	Focus 1.6 Zetec Clim 115 5dr blue aircon PAS CD alloys electrics fogs c/locking ABS brakes		£7,499
07 57	Focus 1.8 Style 5dr blue aircon PAS CD electrics ABS brakes c/locking		£7,999
08 08	New Focus 1.6 Zetec 5dr silver PAS aircon alloys electrics fogs remote c/locking CD		£9,999
08 08	New Focus 1.6 Style Estate silver PAS aircon electrics remote c/locking ABS brakes		£10,299
08 08	Ford Direct New Focus 1.6 Zetec 5dr PAS aircon alloys electrics fogs c/locking 2yrs warr and AA cover choice of colours		£10,499
08 08	Ford Direct New Focus 1.8TDCi Zetec 5dr PAS aircon alloys electrics fogs c/locking 2yrs warr and AA cover choice of colours		£10,999
08 58	Ford Direct New Focus 1.6 Zetec 5dr black PAS aircon alloys electrics fogs c/locking 2yrs warr and AA cover		£10,999
08 58	Ford Direct New Focus 1.6 Zetec 5dr tango PAS aircon alloys electrics fogs c/locking 2yrs warr and AA cover		£10,999
08 08	Ford Direct New Focus 1.6TDCi Zetec 5dr avalon PAS aircon alloys electrics fogs c/locking 2yrs warr and AA cover		£10,999
08 08	Ford Direct New Focus 1.8TDCi Econetic 5dr black PAS aircon b/tooth fogs park assist 2yrs warr and AA cover		£11,499
08 08	New Focus 1.8 TDCi Titanium 5dr avalon PAS aircon alloys c/locking cd ABS brakes fogs		£11,999
Mondeo			
08 08	New Mondeo 2.0 Edge 5dr black aircon ABS brakes airbags cruise electrics c/locking CD		£11,699
08 57	New Mondeo 2.0TDCi Zetec 5dr silver climate alloys PAS airbags electrics fogs CD cruise control		£12,499
08 08	New Mondeo 2.0TDCi Titanium X 5dr silver climate b/tooth sport pack park sensors privacy glass CD airbags		£12,999
08 08	New Mondeo 2.0TDCi Zetec Auto 5dr silver climate alloys PAS airbags electrics fogs CD cruise control		£13,499
07 57	New Mondeo 2.0 Titanium X Estate climate sport pack 1/2 leather alloys ABS brakes airbags CD privacy glass		£14,699
07 57	New Mondeo 1.8TDCi Titanium X 5dr climate DVD Sat Nav b/tooth sport pack privacy glass CD airbags		£14,999
08 08	New Mondeo 2.0TDCi Titanium Auto Estate climate sport pack alloys ABS brakes airbags CD privacy glass		£15,999
C-Max			
06 55	C-Max 1.6 Zetec 5dr grey aircon PAS ABS brakes electrics alloys fogs CD c/locking		£7,299
Galaxy			
08 08	Galaxy 2.0 TDCi Ghia black cruise climate electrics alloys fogs airbags heated screen c/locking		£14,999
08 08	Galaxy 2.0 TDCi Ghia silver cruise climate electrics alloys fogs airbags heated screen c/locking		£14,999
Kuga			
08 58	Kuga 2.0TDCi Titanium 5dr vision climate control alloys electrics fogs b/tooth 1/2 leather airbags		£18,999

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06 56	FOCUS 1-6 ZETEC CLIMATE AUTO PASAIR OCEAN BLUE 8000 MILES.....	£7995
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06 06	FOCUS 1-6 GHIA AUTO PAS AIR/C PANTHER BLACK 11000 MILES.....	£6995
06 06	FOCUS 1-6 GHIA AUTO PAS 4DOOR ALLOYS SEA GREY 14000 MILES.....	£6995
06 06	FOCUS 1-6 GHIA AUTO PAS ESTATE ALLOYS BLUE 14000 MILES.....	£7995
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05 55	FOCUS 2-0 GHIA ESTATESDRAUTO PAS AIR ALLOYS BLUE 4000 MILES.....	£7995
05 55	FOCUS 1-6 ZETEC CLIMATE AUTO PAS AIR/C ALLOYS BLUE 13000MLS.....	£6495
04 54	FOCUS 1-6 3 DR ZETEC CLIMATE AUTO PAS TONIC BLUE 6000 MILES.....	£4995
04 53	FOCUS 1-6 LX 5DR AUTO PAS ESTATE CAR SILVER 26000 MILES.....	£4995

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03 53	JAGUAR X-TYPE CLASSIC 2-1 AUTO PAS BLUE SAT NAV 25000 MILES£6995	
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07 57	CORSA 1-4 CLUB AUTO PAS AIR/C STAR SILVER 7000 MILES.....	£8995
07 57	NEW CORSA 1-4 CLUB AUTO PAS AIR/C 5DR SILVER 19000 MILES.....	£7995
07 07	NEW CORSA 1-4 SX AUTO PAS AIR/C 5DR BLUE 2000MILES.....	£8995
07 07	NEW CORSA 1-2 CLUB AUTO PAS AIR/C 5DR SILVER 680 MILES.....	£7995
06 06	CORSA 1-4 DESIGN 3 DR AUTO PAS ULTRA BLUE 2000 MILES.....	£6495
06 06	CORSA 1-4 DESIGN 3 DR AUTO PAS ULTRA BLUE 8000MILES.....	£6495
06 06	CORSA 1-0 LIFE AUTO PAS 3DR STAR SILVER 11000 MILES.....	£4995
05 55	CORSA 1-4 DESIGN AUTO PAS AIR/C 5DR STAR SILVER 24000 MILES.....	£5995
02 52	CORSA 1-2 CLUB 3DR EASYTRONIC AUTO PAS BLUE 19000 MILES.....	£3995

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06 56	CITROEN PICASSO 2-0 EXCLUSIVE AUTO SILVER 5000 MILES.....	£8995
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MAZDA

08 08	MAZDA 3 TS AUTO PAS ALLOYS AIR/C BLUE MET 10000 MILES.....	£10995
07 57	MAZDA 6 TS AUTO PAS ALLOYS AIR/C 5DR SILVER MET 14000 MILES.....	£9995
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06 06	SUZUKI IGNIS 1-5 GL 5 DR AUTO PAS SILKY SILVER 25000 MILES.....	£5495
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SKODA

08 08	SKODA ROOMSTER 2 AUTO PAS AIR/C MET GREY 450 MILES.....	£9995
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KIA

06 55	KIA PICANTO 1-1 LX AUTO PAS 5 DR BLACK 12000 MILES.....	£4995
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HONDA

07 57	HONDA CIVIC 1-4 SE AUTO PAS AIR/C CHAMPAGNE 7000 MILES.....	10995
07 07	HONDA JAZZ 1-4 SE AUTO PAS AIR/C BLACK 1000 MILES.....	£9995
06 06	HONDA CRV SPORT 5DR AUTO PAS ALLOYS AIR BLACK6000 MILES.....	£10495
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06 55	HONDA CRV SPORT 5DR AUTO PAS ALLOYS AIR SILVER 6000 MILES.....	£9995
05 55	HONDA CRV SE AUTO PAS 5DR GRAFFITE GREY 10000 MILES.....	£9995
06 55	HONDA JAZZ 1-4 SE SPORT AUTO PAS AIR ALLOYS SILVER16000MILES.....	£9995
02 52	HONDA JAZZ 1-4 SE AUTO PAS AIR/C ALLOYS BLUE 55000 MILES.....	£4995

HYUNDAI

07 57	HYUNDAI AMICA 1-1 CDX AUTO PAS BLUE AIR ALLOYS 12000 MILES.....	£5495
06 56	HYUNDAI MATRIX 1-6 GSI PAS AIR/C AUTO BLACK 16000 MILES.....	£5995
06 06	HYUNDAI MATRIX 18 CDX PAS AIR AUTO SHIMMERBLUE15000MILES.....	£6995
06 06	HYUNDAI MATRIX 16 GSI PAS AIR AUTO SHIMMER BLUE10000 MILES.....	£5495
06 06	HYUNDAI MATRIX 1-6 GSI PAS AIR AUTO MET GREEN 10000 MILES.....	£5495
06 55	HYUNDAI MATRIX 16 GSI PAS AIR AUTO SHIMMER BLUE20000 MILES.....	£4995

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08 57	TOYOTA AURIS TR 5DR AUTO PAS AIR ALLOYS SILVER 5000 MILES.....	£10995
06 06	NEW YARIS 1-3 T SPIRIT 3 DR AUTO PAS AIR SILVER 8000 MILES.....	£7995
05 55	YARIS 1-3 T SPIRIT 3 DR AUTO PAS AIR ALLOYS SILVER 3000 MILES.....	£7695
05 55	YARIS VERSO T SPIRIT AUTO PAS AIR ALLOYS SILVER 11000 MILES.....	£6995
05 54	YARIS 1-3 T SPIRIT 5 DR AUTO PAS AIR ALLOYS SILVER 6000 MILES.....	£7995
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DAIHATSU

06 06	DAIHATSU CHARADE SL 5DR AUTO PAS PURPLE JUST 2000 MILES.....	£5495
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08 57	CHEVROLET MATIZ 8-0 SE AUTO PAS BLUE 5DR 13000 MILES.....	£5695
08 57	CHEVROLET LACETTI 1-6 SX AUTO AIR/C PAS BLACK 5DR 10000MILES.....	£6495
07 57	CHEVROLET TACUMA 2-0 CDX AUTO PAS AIR MET BLUE 4000 MILES.....	£5495
07 07	CHEVROLET TACUMA 2-0 CDX AUTO PAS AIR MET BLUE 4000 MILES.....	£4995
07 07	CHEVROLET MATIZ 8-0 SE AUTO PAS YELLOW 5DR 2000 MILES.....	£5495
07 56	CHEVROLET TACUMA 2-0 CDX AUTO PAS AIR MET BLUE 7000 MILES.....	£4995
06 06	CHEVROLET MATIZ 8-0 SE AUTO PAS BLUE 5DR 13000 MILES.....	£4495
06 06	CHEVROLET MATIZ 8-0 SE AUTO PAS BLUE 8000 MILES.....	£4595
06 06	CHEVROLET MATIZ 8-0 SE AUTO PAS BLACK 25000 MILES.....	£4295
06 06	CHEVROLET MATIZ 8-0 SE AUTO PAS SILVER 1000 MILES.....	£4995
06 06	CHEVROLET MATIZ 8-0 SE AUTO PAS YELLOW 15000 MILES.....	£4495
06 55	CHEVROLET KALOS 1-4 SX AUTO PAS AIR POLY SILVER 15000 MILES.....	£4995

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07 57	VW POLO 1-4 S 3DR AUTO PAS AIR/C ALLOYS BLACK 7000 MILES.....	£7995
07 07	VW POLO 1-4 S 5DR AUTO PAS AIR/C SILVER 12000 MILES.....	£8495
07 07	VW POLO 1-4 S 5DR AUTO PAS AIR/C CORNFLOWER BLUE 3000 MILES.....	£8495
06 56	VW POLO 1-4 S 3DR AUTO PAS AIR/C BLUE MET 7000 MILES.....	£6995
04 04	VW POLO 1-4 TWIST AUTO PAS ALLOYS AIR/ BLACK 30000 MILES.....	£5495
99 V	VW GOLF 1-9 TURBO DIESEL SE AUTO PAS MET GREEN 53000 MILES.....	£3995

MONDEO

06 56	MONDEO 2-0 ZETEC ESTATE CAR AUTO PAS AIR BLACK 8000 MILES.....	£9995
06 06	MONDEO 2-0 LX AUTO 5 DR SALOON PAS AIR/CON KELP 9000 MILES.....	£6995
04 54	MONDEO 2-0 ZETEC ESTATE CAR AUTO PAS AIR SILVER 20000 MILES.....	£6995

ASTRA

08 57	ASTRA 1-8 LIFE AUTO PAS AIR/C 5 DOOR ULTRA BLUE 4000 MILES.....	£7995
08 57	ASTRA 1-8 LIFE AUTO PAS AIR/C 5 DOOR PANNACOTTA 7000 MILES.....	£7995
07 57	ASTRA 1-8 DESIGN AUTO PAS ESTATE METRO BLUE 2000 MILES.....	£8995
07 07	ASTRA 1-8 LIFE AUTO PAS AIR/C ESTATE PANACOTTA 6000 MILES.....	£7495
07 07	ASTRA 1-8 LIFE AUTO PAS AIR/C 5 DOOR TURQUOISE 14000 MILES.....	£6995
07 56	ASTRA 1-8 LIFE AUTO PAS 5 DR AIR/C STAR SILVER 17000 MILES.....	£6495
06 56	ASTRA 1-8 DESIGN 5DR AUTO SILVER LEATHER ALLOYS 24000 MILES.....	£6995
06 06	ASTRA 1-8 DESIGN AUTO PAS ALLOYS ESTATE BLACK 15000 MILES.....	£6995
06 06	ASTRA 1-8 LIFE AUTO PAS 5 DR AIR/C METRO BLUE 6000 MILES.....	£6495
06 06	ASTRA 1-8 LIFE AUTO PAS 5 DR AIR/C POMMEGRANITE 12000 MILES.....	£5995
05 55	ASTRA 18 LIFE AUTO PAS 5DR HATCH ULTRA BLUE MET 150000MLS.....	£5495
05 05	ASTRA 1-8 DESIGN AUTO PAS ALLOYS ESTATE GREEN 13000 MILES.....	5995

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07 07	MERIVA 1-6 LIFE AUTO PAS AIR/C SILVER 6000 MILES.....	£6995
05 55	MERIVA 1-6 LIFE AUTO PAS AIR/C SILVER 15000 MILES.....	£5995
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07 57	RENAULT MODUS INITIALE 1-6 AUTO PAS LEATHER 9000 MILES.....	£9995
07 57	SCENIC 1-6 DYNAMIQUE 5DR AUTO PAS AIR GOLD 16000 MILES.....	£8995
07 07	SCENIC DYNAMIC 1-6 AUTO PAS AIR/C GREEN MET 8000 MILES.....	£7995
07 07	SCENIC GRAND DYNAMIQUE 2-0 AUTO PAS AIR/C GREY 5000MILES.....	£8995
07 07	MEGANE 1-6 DYNAMIQUE 5DR AUTO PAS AIR SILVER 16000 MILES.....	£6995
07 07	MEGANE 1-6 DYNAMIQUE 5DR AUTO PAS AIR SILVER 9000 MILES.....	£7995
06 06	RENAULT MODUS 1-6 PRIVILEGE AUTO PAS FLAME RED 7000 MILES.....	£6995
06 06	SCENIC DYNAMIC 1-6 AUTO PAS AIR/C QUARTZ GOLD 10000 MILES.....	£6495
06 06	RENAULT KANGOO 1-6 EXPRESSION BLUE PAS AUTO 4000 MILES.....	£5995
06 06	RENAULT KANGOO 1-6 EXPRESSION SILVER PAS AUTO 16000 MILES.....	£5495
06 06	SCENIC PRIVILEGE 1-6 AUTO PAS AIR/C GOLD MET 12000 MILES.....	£6995
06 55	SCENIC PRIVILEGE 1-6 AUTO PAS AIR/C BLUE MET 15000 MILES.....	£6495
05 55	SCENIC DYNAMIC 1-6 AUTO PAS AIR/C ANTIQUE GREEN 17000 MILES.....	£5995
05 05	RENAULT MODUS 1-6 DYNAMIQUE AUTO PAS SILVER 13000 MILES.....	£5995

MERCEDES BENZ

08 08	MERCEDES A150 CLASSIC SE 5DR AUTO PAS COMET GREY4000MILES.....	£11995
07 57	MERCEDES C180 KOMP AVANTGARDE SE CUBANITE 13000 MILES.....	£16995
07 07	C180 KOMP AVANTGARDE SE 4 DR AUTO PAS SILVER 13000 MILES.....	£15995
06 56	A CLASS 160 CLASSIC SE DIESEL AUTO PAS 5DR GOLD 2000 MILES.....	£11995
06 06	C180 KOMPRESSOR ELEGANCE AUTO PAS CUBANITE 11000 MILES.....	£14995
06 06	C180 KOMPRESSOR CLASSIC AUTO PAS AIR SILVER 28000 MILES.....	£12995
06 06	C180 KOMPRESSOR CLASSIC AUTO PAS AIR SILVER 18000 MILES.....	£13995
05 55	C180 KOMP ELEGANCE SE AUTO PAS SILVER LEATHER 19000 MILES.....	£13995
05 05	C180 KOMPRESSOR ELEGANCE SE AUTO PAS BLUE 21000 MILES.....	£13995
04 54	A CLASS A140 SWB 5 DR AUTO PAS AIR/CON ALLOYS 49000 MILES.....	£5995
03 53	VANEO 1-6 FAMILY ESTATE AUTO PAS RED AIR/C 29000 MILES.....	£5995

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07 07	PEUGEOT 206 1-6 LOOK 5 DR AUTO PAS ONYX BLACK 2000 MILES.....	£7995
06 06	PEUGEOT 307 S AUTO PAS AIR/C BLUE METALLIC 11000 MILES.....	£6995
06 55	PEUGEOT 307 S AUTO 5 DOOR PAS BLACK 24000 MILES.....	£5995
05 55	PEUGEOT 206 1-4 S 5 3R AUTO PAS AIR/C MOONSTUD 10000 MILES.....	£6495
05 05	206 SW ESTATE QUICKSILVER AUTO PAS AIR/C GREY MET 15000MILES.....	£5495
05 05	PEUGEOT 307 SE ESTATE AUTO PAS AIR/C BRONZE 16000 MILES.....	£6995

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Offer available on all Fabia and Roomster purchased and registered from 1st April 2009 to 30th June 2009 at participating retailers only. Reduction applied to the RRP including factory fitted optional extras and is the equivalent of VAT at 15%. VAT is applicable and will be shown on the customer's invoice. Excludes Channel Islands. Offer subject to availability and may be amended or withdrawn at any time. Please see retailer for full terms and conditions. *Optional final payment, acceptance fee and option to purchase fee apply. Subject to status. Available to over 18s for orders before 30th June 2009.

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MAKE	MODEL	ENGINE	REG	YEAR	MILES	COLOUR	PRICE
FABIA	CLASSIC 5DR HATCH	1.2 12v 54 BHP (PETROL)	GN04GLZ	MARCH '04	25210	LASER BLUE	£4,490.00
FABIA	CLASSIC 5DR HATCH	1.2 12v 64 BHP (PETROL)	GL55KHV	JANUARY '06	57924	DYNAMIC BLUE	£4,990.00
FABIA	CLASSIC 5DR HATCH	1.4 MPI 68 BHP (PETROL)	Y523UKL	APRIL '01	53795	LACON BLUE	£2,990.00
FABIA	CLASSIC 5DR HATCH	1.4 MPI 68 BHP (PETROL)	OU51XGX	NOVEMBER '01	46088	DARK BLUE	£3,490.00
FABIA	COMFORT 5DR HATCH	1.4 16v 100 BHP (PETROL)	X779EKL	SEPTEMBER '00	46346	CANDY WHITE	£3,490.00
FABIA	COMFORT 5DR HATCH	1.4 16v AUTO (PETROL)	GK04BTU	JULY '04	13354	DARK BLUE	£5,290.00
FABIA	COMFORT 5DR HATCH	1.4 16v AUTO (PETROL)	GK04BOH	JUNE '04	8715	GRAPHITE GREY	£5,490.00
FABIA	AMBIENTE 5DR HATCH	1.2 12v 64 BHP (PETROL)	KX05NAA	AUGUST '05		FLAMENCO RED	£5,790.00
FABIA	AMBIENTE 5DR HATCH	1.2 12v 64 BHP (PETROL)	KX55GVG	SEPTEMBER '05		SATIN GREY	£5,990.00
FABIA	ELEGANCE 5DR HATCH	1.4 16v 100 BHP (PETROL)	KF53SVU	SEPTEMBER '03	67647	BLACK MAGIC	£3,960.00
FABIA	1 5DR HATCH	1.4 TDI 70 BHP (DIESEL)	GD08FMJ	JULY '08	8344	BLACK MAGIC	£8,290.00
FABIA	1 5DR HATCH	1.4 TDI 70 BHP (DIESEL)	GD08FMK	JULY '08	9609	CAPPUCCINO BEIGE	£8,290.00
FABIA	1 5DR HATCH	1.4 TDI 70 BHP (DIESEL)	GD08FML	JULY '08	6035	TANGIERINE ORANGE	£8,290.00
FABIA	1 5DR HATCH	1.4 TDI 70 BHP (DIESEL)	GD08FMO	JULY '08	8132	STORM BLUE	£8,290.00
FABIA	ELEGANCE 5DR ESTATE	1.4 16v 100 BHP (PETROL)	Y506TKM	APRIL '01	69629	DIAMOND SILVER	£3,990.00
FABIA	ELEGANCE 5DR ESTATE	2.0 MPI (PETROL)	GK52HJM	OCTOBER '02	35377	OCEAN GREEN	£4,790.00
FABIA	ELEGANCE 5DR ESTATE	1.9 TDI 100 BHP (DIESEL)	FM04BWZJ	JUNE '04	60067	PETROL	£4,990.00
OCTAVIA	GLX 5DR HATCH	2.0 MPI (PETROL)	X735OBB	OCTOBER '00	72592	STONE GREY	£2,990.00
OCTAVIA	CLASSIC 5DR HATCH	1.6 FS 105 BHP (PETROL)	GF05TKK	APRIL '05	24853	STONE GREY	£5,790.00
OCTAVIA	CLASSIC 5DR HATCH	1.9 TDI 105 BHP (DIESEL)	AE56DJJ	JUNE '06	29631	FLAMENCO RED	£8,490.00
OCTAVIA	AMBIENTE 5DR HATCH	2.0 FS AUTO (PETROL)	GK55NWR	OCTOBER '05	31887	GRAPHITE GREY	£6,990.00
OCTAVIA	AMBIENTE 5DR HATCH	1.9 TDI DSG (DIESEL)	EF07LHR	MAY '07		DYNAMIC BLUE	£8,990.00
OCTAVIA	ELEGANCE 5DR HATCH	1.6 FS 105 BHP (PETROL)	GK56VEF	SEPTEMBER '06	59559	CANDY WHITE	£6,790.00
OCTAVIA	ELEGANCE 5DR HATCH	1.9 TDI 105 BHP (DIESEL)	GD06CNN	JULY '06	35993	CAPPUCCINO BEIGE	£8,990.00
OCTAVIA	VRS 5DR HATCH	2.0 TDI 170 BHP (DIESEL)	GF57HKO	OCTOBER '07	3751	CORRIDA RED	£13,890.00
OCTAVIA	COMFORT 4DR SALOON	1.9 TDI 130 BHP (DIESEL)	G525WCA	DECEMBER '02	59701	CANADIAN GREEN	£5,490.00
SUPERB	ELEGANCE 4DR SALOON	2.0 TDI DSG (DIESEL)	GJ58MM	SEPTEMBER '08	2340	CANDY WHITE	£18,490.00

Ex-Demonstrator Sale - Huge Savings!

MAKE	MODEL	ENGINE	REG/YEAR	MILES	COLOUR	PRICE NEW	SAVING	PRICE TO YOU
FABIA	1 5DR HATCH	1.4 TDI 70 BHP (DIESEL)	2008 - 58	TBA	SATIN GREY	£10,855.00	£2,365.00	£8,490.00
FABIA	2 5DR HATCH	1.2 12v 70 BHP (PETROL)	2008 - 58	TBA	DYNAMIC BLUE	£10,350.00	£2,060.00	£8,290.00
FABIA	2 5DR HATCH	1.4 TDI 80 BHP (DIESEL)	2008 - 08	TBA	SATIN GREY	£12,185.00	£3,695.00	£8,490.00
FABIA	2 5DR HATCH	1.4 TDI 80 BHP (DIESEL)	2008 - 58	TBA	BLACK MAGIC	£12,240.00	£2,450.00	£9,790.00
FABIA	2 5DR HATCH	1.4 TDI 80 BHP (DIESEL)	2008 - 58	TBA	TANGIERINE ORANGE	£12,560.00	£2,570.00	£9,990.00
FABIA	2 5DR HATCH	1.9 TDI 105 BHP (DIESEL)	2008 - 58	TBA	SATIN GREY	£12,925.00	£2,435.00	£10,490.00
FABIA	2 5DR HATCH	1.9 TDI 105 BHP (DIESEL)	2008 - 58	TBA	SATIN GREY	£13,310.00	£2,820.00	£10,490.00
FABIA	2 5DR HATCH	1.9 TDI 105 BHP (DIESEL)	2008 - 58	TBA	CAPPUCCINO BEIGE	£13,310.00	£2,820.00	£10,490.00
FABIA	3 5DR HATCH	1.9 TDI 105 BHP (DIESEL)	2008 - 58	TBA	BLACK MAGIC	£14,315.00	£2,825.00	£11,490.00
FABIA	2 5DR ESTATE	1.4 16v 85 BHP (PETROL)	2008 - 08	12177	STORM BLUE	£12,330.00	£3,350.00	£8,980.00
FABIA	2 5DR ESTATE	1.6 16v AUTO (PETROL)	2008 - 58	TBA	CAPPUCCINO BEIGE	£13,355.00	£2,365.00	£10,990.00
FABIA	2 5DR ESTATE	1.4 TDI 80 BHP (DIESEL)	2008 - 58	TBA	CORRIDA RED	£12,490.00	£2,500.00	£9,990.00
FABIA	3 5DR ESTATE	1.6 16v 105 BHP (PETROL)	2008 - 08	7645	BRIGHT SILVER	£13,635.00	£3,645.00	£9,990.00
ROOMSTER	LEVEL 3 5DR MPV	1.4 TDI 80 BHP (DIESEL)	2008 - 58	TBA	ANTHRACITE GREY	£14,735.00	£3,745.00	£10,990.00
OCTAVIA	AMBIENTE 5DR HATCH	1.8T 160 BHP (PETROL)	2008 - 58	TBA	DIAMOND SILVER	£15,190.00	£3,700.00	£11,490.00
OCTAVIA	AMBIENTE 5DR HATCH	1.9 TDI 105 BHP (DIESEL)	2008 - 57	10585	BRIGHT SILVER	£15,150.00	£3,810.00	£11,340.00
OCTAVIA	ELEGANCE 5DR HATCH	1.6 FS 105 BHP (DIESEL)	2008 - 58	TBA	FLAMENCO RED	£14,665.00	£2,175.00	£12,490.00
OCTAVIA	ELEGANCE 5DR HATCH	1.9 TDI 105 BHP (DIESEL)	2008 - 58	TBA	SATIN GREY	£16,170.00	£3,680.00	£12,490.00
OCTAVIA	ELEGANCE 5DR HATCH	2.0 TDI DSG (DIESEL)	2009 - 58	TBA	FLAMENCO RED	£19,185.00	£3,195.00	£15,990.00
OCTAVIA	AMBIENTE 5DR ESTATE	2.0 TDI 140 BHP (DIESEL)	2008 - 58	TBA	CORRIDA RED	£19,105.00	£4,115.00	£14,990.00
OCTAVIA	AMBIENTE 5DR ESTATE	2.0 TDI DSG (DIESEL)	2008 - 58	TBA	STORM BLUE	£18,615.00	£3,925.00	£14,690.00
OCTAVIA	L&K 5DR ESTATE	2.0 FS AUTO (PETROL)	2008 - 08	TBA	ISLAND GREEN	£20,595.00	£4,775.00	£15,820.00
SUPERB	ELEGANCE 4DR SALOON	2.0 TDI DSG (DIESEL)	2009 - 58	TBA	ROSSO BRUNELLO	£24,010.00	£5,020.00	£18,990.00

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Senior & General Appointments 48-51

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TEACHER FOR PUPILS WITH SEVERE AND PROFOUND LEARNING DIFFICULTIES TO COMMENCE SEPT 2009

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Telephone enquiries and informal visits to the school welcomed

This school is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Any offer of appointment for post is subject to a satisfactory Criminal Records Bureau Disclosure.

Closing Date: 8th May 2009

For further details and a job description, please contact Linda Taylor, Abbey Court School, Rede Court Road, Strood, Rochester, Kent, ME2 3SP. (Tel: 01634 338224), stating the position for which you are applying.



Sevenoaks District Partnership Group [SDPG] are recruiting a Part Time Administrator / Coordinator

Sevenoaks District Partnership Group [SDPG] is the organisation through which people with a learning disability are enabled to take control of their lives and be included as part of our community.

Do you have the skills and experience to support us?

Salary £ negotiable for 2-3 days / week [+ health cover] One year contract

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Closing date: **1 May**

Interviews: **11-13 May**

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We are currently looking for a freelance sub-editor for three days work a week. Candidates must have excellent QuarkXpress skills and be competent at using Adobe Photoshop.

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And have:

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Eastwell Manor to: stephentaylor@eastwellmanor.co.uk



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All correspondence will be treated with the utmost confidentiality.

To apply, please forward your CV to humanresources@scmf.co.uk or alternatively call Peta Budd on 0208 308 6812.

Closing date for applications: 28th April 2009

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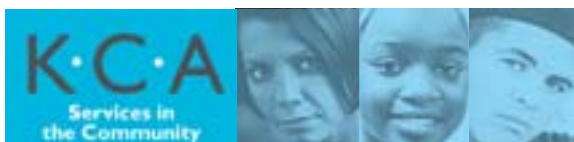
Application forms and job descriptions can be downloaded from <http://www.kca.org.uk/pages/vacancies.html> or email recruitment@kca.org.uk Alternatively, write to KCA (UK), Dan House, 44 East Street, Faversham, Kent ME13 8AT or call 01795 590635. Please quote ref: 560.

Closing date: 1 May 2009.

Interview date: 15 May 2009 in Maidstone.

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 Offers of appointment will only be made subject to a clear Enhanced Criminal Record Bureau Disclosure and satisfactory references.
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Folkestone Youth Offending Team
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For an application pack please email
mediationscheme@btconnect.com


Manager - County Youth Choirs
 Working for Kent's renowned music provider Kent Music this is an exciting post which will require someone with a musical background and management experience to manage the day to day operation of the County Choirs.
 The post is permanent and it is expected the post holder will work a minimum of 780 hours per annum. Please see our website for full details of salary and hours.
 For more information please contact Denise Milne at Kent Music on 01622 358435 or dmilne@kent-music.com or go to our website: www.kent-music.com to download an application form.
 Deadline for applications 1st May with interviews the following week.

KOS Media is a highly successful newspaper publisher within Kent, that has received many awards from the newspaper industry for the innovative Kent on Sunday, Kent on Saturday and numerous mid-week newspapers.

We now have vacancies for experienced

Mac Operators

We are looking for experienced, confident, self-motivated team players who wish to gain experience within the industry to further their career.

The individual must have relevant Mac experience including knowledge of Quark, Photoshop and Illustrator. The ability to touch-type would be advantageous.

The candidate should be able to work under pressure, meet strict deadlines and be eager to work within a team environment to ensure the smooth operation of our fast-paced production department. Hours will be variable.

To apply, send a CV and covering letter to:


KOS media
 Award winning publications
www.kentnews.co.uk

Personnel
KOS Media
 Apple Barn
 Hythe Road
 Smeth
 Kent TN25 6SR
 or email: personnel@kosmedia.co.uk

RECEPTIONIST

MotorSport Vision, the UK's largest motor racing circuit operator owning Brands Hatch, Cadwell Park, Oulton Park, Snetterton and Bedford Autodrome, is currently seeking an efficient, customer focused Receptionist to join the team at Brands Hatch.

The successful candidate will be responsible for welcoming all visitors to the Brands Hatch Circuit and answering all incoming calls, ensuring they are dealt with professionally and politely at all times. In addition they will provide the venue with administrative support, as directed by the Group Head of Sales and Marketing.

Highly organised, they will have the ability to work under their own initiative, have a smart, professional appearance and a friendly outgoing manner.

A minimum of two good A-levels or equivalent are required, along with an excellent telephone manner, written and spoken English and a working knowledge of Microsoft Word and Excel. Knowledge of and enthusiasm for motorsport would be an advantage.

Please apply in writing, including salary expectations, notice period and current CV, to:

Katie Dickens, Group Human Resources Officer,
 MotorSport Vision Limited, Brands Hatch Circuit, Fawkham, Longfield, Kent DA3 8NG
 or email katie.dickens@motorsportvision.co.uk



Brands Hatch 



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Foster carers wanted

The Caldecott Foundation, which cares for vulnerable children who have experienced extreme trauma and disruption, seeks dedicated and highly motivated foster carers. Comprehensive training and support given, plus excellent rates of pay. **Contact Jamie Bromfield or Erica Eversfield on 01303 815648 or email fostering@caldecottfoundation.co.uk**



The Caldecott Foundation, Smeeth, Ashford, Kent TN25 6SP.



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Experience may be an advantage. Flexibility, good communication skills and a sense of humour are essential.

The successful candidate will be required to undertake a CRB Enhanced Disclosure check prior to the start of employment.

Please apply in writing for an application pack at the above address to

Mrs Angela Bamford, Director of Pastoral Care,
or via email to: info1@ursuline.kent.sch.uk

Closing date: Tuesday 28th April 2009
Interviews to be held Friday 1st May 2009

Ursuline College is committed to safeguarding and promoting the welfare of children and young people and expects all staff/volunteers to share this commitment.



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"The curriculum and the quality of teaching and support are exceptional"

"It is to the tremendous credit of a highly skilled and well-qualified team of teachers and support staff that they enable pupils to overcome and cope with the substantial learning and emotional barriers that they face"

"Bradstow is a very complex organization and a centre of excellence in its own field"

If you would like to join our team, and help us to continue to transform the lives of these children and their families, give us a call. Be in no doubt, this is a challenging working environment for which you will need to be committed to the needs of the child and the school. In return we offer a highly rewarding and satisfying career, with quite a bit of fun thrown in as well!

For SEN specialists, the second SEN point will be available.

For an application form and information pack please call
01843 608727 (24 hour recruitment answer machine), or email
personnel@bradstow.wandsworth.sch.uk.

Please note that CV's will not be considered.

Applications should be received no later than 12 noon, 8th May 2009.

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THE ROLE

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- Creating and managing domains and microsites for the SeaFrance portfolio; and
- Assisting with the continued development of the Customer Relationship Management programme.

Key to this role is the ability to understand and influence consumers through online marketing to bring them through to the website and encourage them to book. Other areas of responsibility include running, updating and circulating reports for activities, liaising with external agencies and internal departments to ensure we maximise our revenue and co-ordinate activity.

THE PERSON

We're looking for someone who is dynamic, has a creative flair and can provide evidence of delivering in a fast-paced and focused online environment. Online Marketing experience is essential and must include an in-depth understanding of Search Engines and website usability. Knowledge of html and content management systems is preferable.

You must be educated to a minimum of A-level standard and have a CIM qualification or equivalent. A good command of the English language for writing copy is required as well as direct marketing experience to support our busy Marketing department.

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- KOS Media (Publishing) Ltd accepts no responsibility for any errors or omissions made on their websites by the advertiser.
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- All private advertisements and certain categories as laid down by KOS Media (Publishing) Ltd must be prepaid.
- The Advertiser agrees to indemnify KOS Media (Publishing) Ltd in respect of all costs, damages or other charges falling upon the media owner or any of the companies within the KOS Media Group as a result of legal action or threatened legal action or threatened legal arising from the publication of any advertisement or advertising promotion.
- An order for an advertisement shall amount to acceptance of these terms and conditions, and any condition placed on an order by an Advertiser shall be null and void in so far as it conflicts with them.
- Copyright in advertisements produced wholly or partially by the media owners belonging to KOS Media (Publishing) Ltd. Advertisers may not reproduce such advertisements without the media owner's written consent.

All terms and conditions stated above are in place to protect the advertiser, the media owner and the communities they serve within the public domain as well as the beneficial rights of individuals and organisations. KOS Media will endeavour to always act reasonably in applying its terms and conditions.

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BUSINESS BRIEFS

Start-Up Stars search

HSBC is calling on all new companies to enter this year's Start-Up Stars Awards.

These are aimed at the UK's most promising start-up businesses less than three years old and the entrepreneurs behind them. The deadline is this Saturday.

It culminates with a black-tie event at London's InterContinental in November, when the UK's top new businesses will hope to be crowned Start-Up Star 2009 and walk away with a cheque for £25,000, courtesy of HSBC.

There will also be £10,000 cheques for the best new green business, best new business set up by a graduate, and best new business achieving export success.

Google will be offering £40,000 of free services, to be shared between the ten national finalists and each of the category winners. For details, go to www.startup-stars.hsbc.co.uk.

After hours chamber

KENT Invicta Chamber of Commerce has introduced events to enable businesspeople to meet on an informal basis.

The After Hours Club will be held at venues convenient for all areas covered by the chamber – Ashford, Canterbury, Maidstone and west Kent.

The club was launched at Londa Bistro in Station Road, Ashford, and will be held there on the first Tuesday of each month. Events are free and open from 6pm.

Meetings will be held for Canterbury businesses at Howfield Manor, Chartham Hatch, on the second Tuesday each month; and at Russell Hotel, Maidstone, on the third Tuesday. A west Kent venue has yet to be finalised. For details, phone 01233 503838.

Free half-day workshops

A BIG talking point at the Kent 2020 Vision exhibition was Business Link's 'health checks', looking at businesses and identifying possible changes.

Now the service is running free boost your sales and profits half-day workshops at the Holiday Inn, Rochester, this Friday; the Village Hotel, Maidstone, on Monday; and Hall Place, Canterbury, on Thursday, May 14, at 8.30am and 2pm each day.

Details on 0845 600 9006.

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Kent 2020 Vision speaker Kriss Akabusi talks to Julie Maddocks. Search 'Kriss'

New orders provide respite for debtors



WORRYING TIMES: But new debt relief orders offer an alternative to bankruptcy

HUNDREDS of people in Kent could turn to new debt relief orders (DROs) in their first year, if present trends continue.

The most recent official personal insolvency data for the county show 487 took the step in the last three months of 2008 – a rise of a third compared with the same quarter in 2007.

Now business services giant KPMG is predicting personal insolvencies will hit record levels as DROs allow consumers with debts of less than £15,000, and minimal assets or surplus income, to write them off without going for a full-blown bankruptcy.

They came into action early this month. Mark Sands, director of personal insolvency, said: "In our view, DROs, together with the expected increase in unemployment, are likely to lead to record levels of personal insolvency – more than 150,000 – in 2009.

"While consumers will fight to keep their jobs and their family homes, for those who lose both there is often little reason for someone with debts not to declare themselves bankrupt.

"Now they have the alternative of a DRO. We expect bankruptcies and DROs to form an increasing proportion of personal insolvencies as individual voluntary arrangements (IVAs) – where the consumer usually commits to a five-year payment plan – become increasingly unattractive to those who have lost their job or home."

KPMG data show the average debt owed by someone entering an IVA in the last quarter of 2008 was £47,800 and that in the same

■ BY TONY PATEY

period more than 500 people entered into an IVA with debts of more than £100,000.

Mr Sands said: "Bankruptcy is typically used by those with lower debts and minimal assets, but many who previously would have gone bankrupt will instead seek a DRO. Also, many people previously excluded from the personal insolvency system will seek a DRO, swelling numbers of personal insolvencies to record levels."

Two advantages of DROs over bankruptcy are:

- Use of intermediaries (such as Citizens Advice) to make the application rather than presenting papers to a court.
- A cost of £90, which is less than one-fifth of the cost of making yourself bankrupt.

Mr Sands said: "Many people in debt suffer stress and anxiety.

"Resolving debt problems without the need to go to court and at a lower cost will be a great relief and will make personal insolvency accessible to many previously unable to access bankruptcy due to the cost and were put off by the complexity and stigma."

Concerns have been raised that DROs will be abused, but Mr Sands said: "If a debtor lies about their circumstances the DRO may be revoked and the debts pursued once more, if it becomes clear they did not meet all the criteria."

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Picture ADRIAN LINE

**SPOT ON:** Matt Solly's penalty saved Chatham

Winning penalty keeps the Chats stats strong

Chatham Town 1 Waltham Abbey 0

A MATT Solly penalty kept Chatham Town's strong finish to the season on track as they beat play-off bound Waltham Abbey at Maidstone Road.

The midfielder struck on 65 minutes after Byron Walker had been felled in the penalty area. Solly had the chance to double his tally ten minutes from time when Justin Ascheri was fouled, but his second spot-kick was saved.

The victory extended the Chats' superb run to eight wins in an unbeaten run stretching to 11 games. It hauled them into the Ryman North's top half for the first time this season ahead of Saturday's final game at Potters Bar Town.

Town boss Steve Binks was pleased, but the run has only made him regret not hitting form earlier.

He said: "I'm absolutely delighted, we're 11 games unbeaten with eight wins in the run. We've taken 43 points from our last 21 games, double that across the season and we'd be in the top three. I don't want the season to finish at this rate. It's a real shame everything's coming together but we have run out of games."

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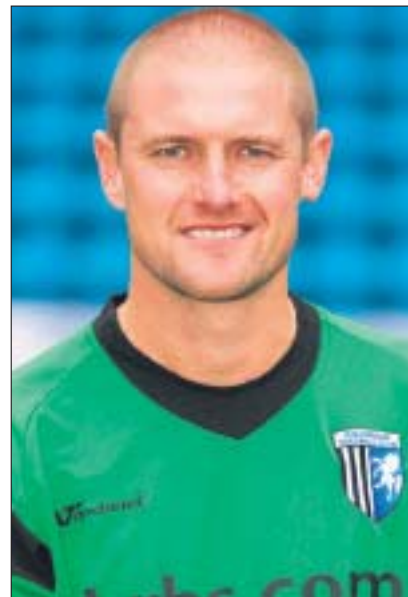
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Picture KEITH SLATER

PRICELESS: Mark McCammon's header was the difference between the sides on Saturday as Gillingham, helped by late saves from Simon Royce, beat Chesterfield

Picture IAN KIPPO

Gills precious three points keeps play-off dream alive

MARK McCammon's first half header was enough to beat Chesterfield and keep Gillingham in the hunt for an automatic promotion place.

Backed by an outstanding defensive display, Gills held on for an eighth away triumph of the campaign on Saturday which almost certainly guarantees them a play-off place with two games remaining.

Gills boss Mark Stimson was delighted with the way his side dug in to grind out a precious three points.

He said: "Whenever you come here it's going to be a physical battle and in the game earlier in the season we found that out. We had to be ready for the physical side, but also made sure that when we got the ball we created a couple of chances and I was pleased with that as well."

"I'm really proud of them, as a manager you can only ask that your players go out there and give 100 per cent. They do that and they also do it on the training ground and now they are getting their rewards. If we continue to do that,

FOOTBALL

■ BY DAVID PRITCHARD

Chesterfield 0

Gillingham 1

McCammon 22



wherever it takes us then I can stand here and say I'm proud of them this season."

Gills had barely threatened when they took the lead midway through the first half. John Nutter's corner was not properly cleared by the hosts and when the ball returned to the left back, his centre was headed in off the crossbar by McCammon.

Curtis Weston and Simon King both saw efforts go wide either side of the break before Chesterfield finally enjoyed a spell of pressure. Their best chance came midway through the half when Derek Niven raced through, but

Gillingham starting XI



Subs used: Bentley (Wright 70) Oli (McCammon 70) Southall (Jackson 90)

Simon Royce got down bravely to make a crucial block.

The goalkeeper made another superb stop late on as Gills hung on. They need just one point from the last two games to be sure of a play-off place, while three points separates Stimson's side from the automatic promotion spots.

Gills play Bury at Priestfield next Saturday in their final home game of the regular season.

Log on to www.yourmedway.co.uk from 2pm on Saturday for updates from Gills' game against Bury.



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Medway clinch promotion for third season in a row

RUGBY

BY DAVID PRITCHARD

Medway 28 Cranbrook 14

MEDWAY held their nerve on the final day of the season to seal a third successive promotion.

Rob Ellis scored two tries as the home side built an 18-0 lead by half-time and Kevin Kimble's second half score sparked the celebrations among the big crowd at Priestfields.

Head coach Taff Gwilliam has overseen the club's progress from Kent 3 to the London leagues in three seasons and lavished praise on his squad.

"We are truly delighted," he said. "I don't know what the history is and if it's been done before, but three consecutive titles is a magnificent achievement. I think it's the best of the three because each year it gets harder as you come up against better, more organised teams. We are developing and doing it quickly."

Crucially Medway welcomed back six players from injury to bolster their ranks for the title decider. The hosts played into a strong wind in the first half but it failed to trouble Glen Wadsworth, who kicked two difficult penalties to put them 6-0 up.



Picture ALAN BOURNE

PARTY TIME: Kevin Kimble dives over for a crucial try as Medway sealed third successive league title on Saturday

Ellis then scored two almost identical tries after good work from the forwards to put Medway in control at the break.

Kimble crashed over after a spell of sustained pressure early in the second half and Wadsworth's conversion made it 25-0. Cranbrook briefly threatened to spoil the party with two tries of their own, but a Wadsworth drop goal made the game safe.

The promotion lifts Medway out of the Kent leagues and into the London divisions alongside

teams like Folkestone and Bromley. Despite the rapid rise, Gwilliam believes his squad have what it takes to succeed next season.

He said: "I will sit down with the captain and look at where we need to strengthen. We have a young developing squad which is growing in stature and the really pleasing thing is we are creating our own strength in depth from our youth set-up. We will be competitive next year, we won't be there to make up the numbers."



TEAM TALK

with Gills skipper
BARRY FULLER

'A top three finish is still a possibility'

AUTOMATIC promotion was the aim at the start of the season and with two games to go all of us believe we still have a great chance of bouncing straight back to League One.

Saturday's game against Bury will be like a cup final for us. There's always an extra buzz at the last home game of the season with a big crowd and with a top three finish still a possibility, it should be a special atmosphere at Priestfield. With everything that's at stake it's probably our biggest game of the season.

If we can win it would bring us level with Bury and set up a cracking last game of the season at Rochdale. Hopefully a couple of the other sides above us will drop points this weekend and then we'll be in a great position.

Whatever happens we are hitting form at the right time and we showed all the qualities you need at this time of the season to beat Chesterfield on Saturday.

It wasn't the prettiest game of the season but we probably started better than we have away from home for a very long time. We got ourselves in front with Mark [McCammon]'s goal and were strong enough to keep a clean sheet.

It's great to see Mark coming into some form. It took him a long time to get a run of games because of all his injuries but he's a great weapon for us. He could be key in the last couple of games.

To be fair to Chesterfield they put us under a lot of pressure in the second half but Roycey pulled off a couple of great saves. The only disappointing thing was hearing all the top sides also won, but all we can do is keep picking up the points. Bring on Bury.

LEAGUE TABLES

COCA-COLA LEAGUE TWO

	P	W	D	L	Gd	Pt
1 Brentford	43	21	16	6	+27	79
2 Exeter City	44	21	12	11	+14	75
3 Wycombe Wanderers	43	19	17	7	+21	74
4 Bury	44	20	14	10	+19	74
5 Gillingham	44	20	11	13	+2	71
6 Rochdale	44	19	12	13	+12	69
7 Shrewsbury Town	44	16	17	11	+16	65
8 Chesterfield	44	16	15	13	+8	63
9 Dagenham & Redbridge	43	17	11	15	+20	62
10 Morecambe	43	15	17	11	+2	62
11 Bradford City	44	16	13	15	+6	61
12 Darlington (-10)	44	19	12	13	+18	59
13 Lincoln City	44	14	16	14	+3	58
14 Rotherham United (-17)	43	20	12	11	+17	55
15 Aldershot Town	44	13	11	20	-23	50
16 Barnet	44	11	15	18	-16	48
17 Accrington Stanley	44	12	11	21	-17	47
18 Notts County	44	10	14	20	-18	44
19 Port Vale	44	12	8	24	-23	44
20 Macclesfield Town	44	12	7	25	-33	43
21 Bournemouth (-17)	44	15	12	17	+3	40
22 Grimsby Town	44	9	13	22	-17	40
23 Chester City	44	8	12	24	-37	36
R Luton Town (-30)	43	13	16	14	-4	25

RYMAN DIVISION ONE NORTH (Before last night's game Redbridge v Concord Rangers)

1 East Thurrock United	41	30	5	6	+63	95
2 Aveley	41	28	9	4	+40	93
3 Brentwood Town	41	26	9	6	+45	87
10 Tilbury	41	16	9	16	+9	57
11 Chatham Town	41	17	6	18	-3	57
12 Cheshunt	41	17	5	19	-8	56

20 Waltham Forest	41	9	7	25	-41	34
R Witham Town	41	6	8	27	-66	26
R Hillingdon Borough	41	3	4	34	-73	13

KENT LEAGUE PREMIER DIVISION TABLE

1 VCD Athletic	30	20	4	6	+42	64
2 Hythe Town	31	20	4	7	+29	64
3 Holmesdale	31	18	7	6	+29	61
4 Herne Bay	31	19	3	9	+19	60
5 Greenwich Borough	31	19	4	8	+13	60
6 Faversham Town	31	19	2	10	+42	59
7 Erith Town	31	13	10	8	+19	51
8 Erith & Belvedere	30	14	5	11	+14	47
9 Croydon	31	14	4	13	+17	46
10 Tunbridge Wells	31	13	5	13	+3	44
11 Norton Sports	31	12	4	15	-12	40
12 Deal Town	30	10	8	12	+6	38
13 Slade Green	31	11	4	16	-10	37
14 Sevenoaks Town	31	9	4	18	-22	31
15 Beckenham Town	30	8	3	19	-21	27
16 Lordswood	31	6	3	22	-35	21
17 Sporting Bengal	32	0	0	2	-134	0

FIXTURES (Saturday): Coca-Cola League Two: Gillingham v Bury; Ryman Division One North: Potters Bar Town v Chatham Town; Premier: Lordswood v Erith Town

Final penalty woe for Mos as the Lions roar to victory

ICE HOCKEY

Invicta Dynamos 2 Nottingham Lions 2

(Lions win on penalties)

A WEEK after winning the National Final on penalties Invicta Dynamos suffered shootout heartbreak as they lost the play-off final to Nottingham Lions.

The Mos began their climax to the season at the Coventry Sky Dome badly and were 2-0 down early in the first period before Andy Smith pulled a goal back. Martin Melicherck levelled the game in the second period with the final goal in regular time.

With the scores still locked at 2-2 after overtime, the final game of the season went to penalty shots. Elliot Andrews and Martin Melicherck missed but Andy Smith held his nerve to take the shootout into sudden death, but the Lions kept their cool to lift the trophy.

The Mos had reached the final with a 6-3 win against Bracknell Hornets in the semi-final 24 hours earlier. They took control of the game early on, with Smith, Melicherck and Andrews all on target in the first period. Lewis Burke and Grant Baxter made it 5-0 before Bracknell hit back.

With the score 5-2 the Mos appeared to score but the officials waved play on and the Hornets controversially scored again. Melicherck settled any nerves in the third period to see the Mos through to the final.

Despite the loss on penalties it remained a successful season for the Mos, who won both the South and National League titles.



Picture ION KUPRO

MISS: Elliot Andrews was off target in the shootout

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Mark Stimson looks to the season run in and how Josh Wright can help them

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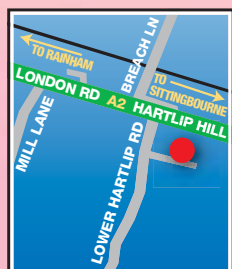


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